



March 2009  
Issue No. 212

## Unsung Hero Award: A Tribute to Tyrone Love

*By Sable Verite, Spruce Street*

In the past month I have written thousands of words about the life and death of Tyrone Love.

Before Tyrone, I wrote about other young Black men who have been murdered in Seattle's senseless and never-ending gun violence- an epidemic that has touched countless families and young people; you may not know it, but it touches your life too, and the lives of your children, your children's friends and their friends' friends.



So many have been murdered in the past few years, and we as a city have barely blinked.

Until Tyrone.

"Tyrone was an *experience*". Those words came from one of his closest friends during his funeral two weeks ago.

There is no question that Tyrone worked hard in his community, and that he was a role model for children and adults alike. Friend, business

partner, son, brother, community volunteer, teacher, entrepreneur, and leader are just a few ways to define who he was, and why he should never be forgotten.

Tyrone was one of the finest citizens Seattle has ever known- not one of the finest *Black* citizens, or the finest *young* citizens...just one of the finest. Everyone lost a brother, a son, a nephew and a friend. We lost someone who authentically cared about children. We lost someone who genuinely wanted to make a positive impact on all of their lives- my kids, yours, your

**Neighborhood  
Appreciation Day  
Award Winners!**  
Unsung Hero Tyrone Love  
Read about all the winners  
on **Page 6**.

*(continued on page 2)*

## Madrona Community Council President's Corner

*By Cynthia Stross, 35<sup>th</sup> Avenue*

At the March Madrona Community Council (MCC) we welcomed the Epiphany School to update us on the status of their construction, construction mitigation measures, and plans for the future. Over the last couple of years, the school and the group of neighbors known as the Neighbors and Epiphany, have worked together on construction impact and parking issues. They have reached mutually acceptable resolutions and continue to work through the process.

The school has undertaken an environmentally-friendly construction and design, including a pocket park with a

sculpture by Juan Alonso on Denny, and a lovely new play space for little children that will be open to the public after school hours. Epiphany and the neighbors have set a noteworthy example of finding a successful path together that will benefit the whole community. Groundbreaking is early this summer and the house rescuers at Nickel Bros. House Moving have buyers interested in relocating the homes on the construction site. If you are interested in helping to throw a neighborhood house-moving party, email me at [cynistr@gmail.com](mailto:cynistr@gmail.com).

*(continued on page 2)*

## Meet Your Local Artist:

### Amanda Sargent

Madrona resident Amanda Sargent surprised only herself when the artist inside began to come forward. Always an obsessive doodler in elementary school, once in college her notebook pages and walls were covered with more developed drawings. Her mother recognized her artistic leanings and suggested that she take art classes, but Amanda scoffed at the notion thinking that it was "dumb"! The psychology major eventually did take some art classes when she transferred to the Evergreen State College and the idea that one could be an artist did not seem so dumb anymore. But still, Amanda spent years working as a psychotherapist, massage therapist and raising her daughters Anna and Olivia before succumbing to the unstoppable desire to create art- to work as *an artist*.

For Amanda's clients, her therapy practice is a place of discovery and opening up to what is already there. As Amanda did her own personal work, abstract images would come to her, and acted as lifelines to something essential. She began to paint these images and quickly filled her door

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## Tyrone Love.. (cont'd from page 1)

friends'...for as much as our young people are struggling...this loss truly is beyond measure.

But something happened when Tyrone was murdered - shot at 26th and Cherry in the early morning of February 16 as he walked from work at a night club in Pioneer Square to his home on 32nd Avenue. A part of the greater Seattle community flew into action. Intelligent, effective community organizing gave the birth of The Silent War Campaign, a grassroots effort to break the silence about violence in our communities. After all- someone knows who Tyrone's killer is. But like the countless murders before his, the killers walk free because no one will speak up.

In less than seven days, friends, associates and strangers raised over \$17,000.00 in TLove's memory to cover memorial costs, and to support his mother and sisters. More than \$5,000 of that was raised at a benefit concert at Columbia City Theater, where promoters and performers from across the greater Seattle area came together to throw one of the most heartfelt shows the city has ever seen. What else can be done? How else can these young people bring about positive change in their communities?

Tyrone is not here to write his story; that has become our job-yours and mine. So what comes next? Is it over? Is it closed, bound and ready to collect dust on the shelf? No.

A *movement* is on the horizon- we should all be inspired. And more than getting a warm and fuzzy feeling, we should take that inspiration and give to our community, just as Tyrone Love did. That is the greatest tribute we can offer and the best way to ensure his memory never dies. Keep in touch at [www.sableverity.com](http://www.sableverity.com).



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## Madrona artist... (cont'd from page 1)

jams and walls with small abstract water colors. About 10 years ago Amanda's new partner in life, Toni Harris, helped her begin taking these drawings seriously, to see them as art and herself as an artist.

Through classes at the Pratt Fine Art Center, she was introduced to encaustic painting.

Encaustic is an ancient form of painting with beeswax. It is melted and sometimes colored with powdered pigments. It is then applied to a wood surface, canvas and other materials. Encaustic remains Amanda's primary medium. Her paintings also include tar, graphite and shellac and photo collage. I spoke to Amanda in her home and studio which is filled with her paintings and the softly sweet smell of beeswax. It was hard to imagine this woman ever having doubts about the place for art in her own life.



Nowadays Amanda fluidly moves between her therapy practice and her art making. She says both occupations are now essential in her life. A grouping of Amanda's encaustic paintings are currently hanging at JayWalk up on 34th Avenue. You can see much more at her website, [www.opendoorartworks.com](http://www.opendoorartworks.com)

## President's Corner.. (cont'd from page 1)

The Neighborhood Appreciation awards were decided – and we noted how younger people received a few of the awards this year. We have some wonderful citizens in our midst, both the award winners and the nominators.

The other issue I heard about this month was the lack of sand in the Madrona Park sandbox. I'll find out our options and let you know. If someone would be willing to help, I'm happy to hear from you. Meet me at the April 7 MCC meeting at 7:15 on April in the Madrona Playfield shelterhouse.



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## Madrona History:

### Panthers Recall '60s in Madrona

By Artranetta Gray, 24<sup>th</sup> Avenue

To mark Black History month, on February 17 my husband Paul and I welcomed Elmer and Aaron Dixon, former leaders of the Black Panther Seattle Chapter Movement. They spoke at the Barber Lounge and it was a most insightful evening, full of thought-provoking information. I can't exactly put it into words, but to see all the faces of different shades, ages and gender listening to the Dixon Brothers talk about life in Madrona as Panthers was amazing. It was complete harmony and at the end of the evening, I just had to smile. You actually felt the true essence of what community should be about.

We've had such a great response, that we are inviting the Dixon Brothers back out for another down home rap session about the Black Panthers, and topics like improving race relations today and building a stronger melting pot community in Madrona. The tentative date is April 18 but look for the final day and time on fliers posted on 34th Avenue, at Arradina's Thriftique, 1123 34th Avenue; PG's Barber Lounge, 1123 34th Avenue; and Jaywalk, 1105 34<sup>th</sup> Avenue. Special shout out to Amy, Kim, Monad and Mr. Conley for their enthusiasm and continued support!

## Welcome Babies!

If you would like to share the birth or adoption of your child with your Madrona neighbors, send the particulars to [kdh5027@aol.com](mailto:kdh5027@aol.com).

- Charlie Obrecht was born on November 18, 2008—5 weeks early! Proud parents are Randall and Bree Obrecht.

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## Choir Keeps Madrona Families in Tune

By Eric Jensen, 37<sup>th</sup> Avenue

Now celebrating its 5<sup>th</sup> year of existence, Singin' in the Rain is a Madrona family choir led by Sari Breznau. When the choir started in the fall of 2004, it was envisioned as a children's choir, but the parents were having so much fun singing along from the back row that it soon became a family choir with kids and grown-ups of all abilities (no prior experience or ability to read music required). The group has now grown to about 45 voices, including parents, children, neighbors, and friends, who rehearse for an hour once a week in the Epiphany Parish Great Hall (Thank you, Epiphany!).

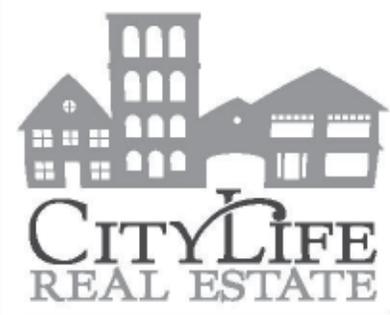
The choir's current session will close with a free concert on March 26 at 7:00pm in the Epiphany Parish Great Hall at 1805 38 Ave in Madrona. The concert will include a four-piece band accompanying songs made popular by Supertramp, Queen, Sister Sledge, Simon & Garfunkel, and more. The next session will start with a rehearsal from 6:00-7:00pm on April 2, and new singers are welcome!

The choir's director, Sari Breznau, was raised primarily in Edmonds and received a BA in music from Western Washington University in Bellingham, where she played every possible role in vocal music. In addition she plays the trumpet, guitar, ukelele, and piano.



Sari will also offer a Musical Theater Camp for a dozen music-loving kids entering grades 3-9 from June 22 to July 2, from 9:00am to 3:00pm at the Epiphany Great Hall. The kids will put together an ensemble musical show where nobody is the star and everybody gets a chance to have a solo if they want one. They spend half their time rehearsing, learning choreography and harmonies, painting sets, and creating their costumes. The other half of the day is spent enjoying summer in Seattle. For example, last year they had backstage tours of Teatro Zinzanni and the Seattle Opera, went swimming in the lake, visited the Seattle Center International Fountain, picked strawberries and made jam, designed and printed T-shirts, and even had a trapeze lesson!

For more information on the summer camp or how to join Singin' in the Rain, contact Sari Breznau at [saribreznu@hotmail.com](mailto:saribreznu@hotmail.com).



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## Central Area Neighborhood District Council: A Need for Transparency, Integrity & Openness

By Adrienne Bailey

The Central Area Neighborhood District Council (CAN Dist Council) is your link to the grassroots quasi City Council, the City Neighborhood Council (CNC). According to CAN Dist Council bylaws:

“Community/Neighborhood Councils and Clubs.....provide leadership for community-based activities within its area, ...the stewardship for the Central Area Action Plan II. It shall further work to promote the well -being of each and every neighborhood within its boundaries, providing a forum to share ideas for common goals and challenges thus giving support in the solutions.”

In December of 2008 the nominees for the new officers were presented and the President called for a vote. According to CAN Dist Council bylaws, “Officers shall be elected each January.” December meetings have always had low attendance due to the holidays. This year there was an unusual and curious occurrence, an usually high attendance. So, the CAN Dist Council President chose to act against the bylaws and have the election. This new influx of attendees consisted of people who haven’t attended a CAN Dist Council meeting in a year or more or have never attended at all. They came with one mission: to vote on their choice of officers and leave. Another interesting fact, all or the majority of these people are members of CADA (Central Area Development Association) board, where the nominee for vice-president CAN Dist Council is President.

(continued on page 7)

## Proposal for Safer Crossing on MLK & Marion

By Anne Landfields

If you’ve ever tried to cross Martin Luther King Jr. Way (MLK) between E. Union Street and E. Cherry Street, you might be familiar with the long wait for a break in traffic. With no designated crosswalk on this 1800-foot stretch of road, safe crossing is a challenge.

In early 2008, I started trying to find a way to make it easier to cross MLK. I was lucky enough to meet Jim Curtin, Community Traffic Liaison at the Seattle Department of Transportation, who encouraged our neighborhood to submit an application for a designated crossing at MLK and E. Marion Street to the 2009 Neighborhood Projects Fund (NPF). The intersection is halfway between the traffic signals at E. Union and E. Cherry, and the location of stops for the number 8 Metro bus route. In February of this year, with strong neighborhood support, I submitted an application to the NPF. The application calls for a new crosswalk with a small pedestrian refuge island in the median of MLK, curb bulbs, new curb ramps, and appropriate signage.

By creating a safer crossing, the project would promote foot traffic and better connect the neighborhoods of Madrona and the Central District. We will present our proposal to the Central Area District Council on April 9. We’re hopeful that the project will be approved, but community support is essential. I’d like to express special thanks to the Madrona Community Council for the letter of support they provided, which we will present to the District Council. If you’d like to voice your support for the crosswalk—as an individual or a community group—please contact me at [anne@seattle-kajukenbo.com](mailto:anne@seattle-kajukenbo.com). If selected, the project will be submitted to the city for feasibility and cost analysis.

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## Happiness Amid the Cobwebs: Adding Living Space To Your Home

By Brian Lenz, 35th Avenue

Unless you've stashed a wad of extremely large bills under your mattress, remodeling your house may seem laughably out of reach right now. But don't give up too fast! While additions and excavations can drain your bank account quickly, thinking "inside the box" and converting wasted space can be faster and easier – and give you just as much bang for the buck.

**Think About What You Have.** The first place to look for unused space is an unfinished (or poorly finished) basement or crawlspace. Consider:

- How high are the ceilings? If they're close to eight feet, then you can avoid the (definitely not DIY) excavation and concrete work required to lower the floor.
- Does your basement leak? If so, you'll need to look for structural damage, plus plan for drainage and waterproofing.
- Is the basement heated? If not, you'll probably need to upgrade the home heating system.
- Are there enough power outlets and light fixtures? If not, you may need to update the electrical panel.
- Is there a sewer waste line beneath the basement floor? Carving out a new bathroom or small kitchen is easier (and cheaper!) if you don't need to add a new line.

**Think About What You Want.** On a relatively small scale (and lower budget), you can create a comfortable playroom, bedroom, home office or studio by adding a few well placed, generously sized windows, a thoughtful palette of colors and materials, and quality lighting. Working with an architect will help ensure that the design meets your needs, and save you money. Building permits for most basement remodels are available "over the counter" without a lengthy review by Seattle's Department of Planning and Design (DPD). Larger projects, such as creating a mother-in-law apartment require more approvals. You can find the City of Seattle's guidelines and requirements for an "ADU" (Accessory Dwelling Unit) at [www.seattle.gov/DPD/Publications/CAM/cam116a.pdf](http://www.seattle.gov/DPD/Publications/CAM/cam116a.pdf)

The cost and schedule of any remodeling project depends on what you start with and where you're going. Connecting Point A to Point B may be easier—and cheaper—than you think, especially if the space is right beneath your feet.

Brian Lenz has a Master of Architecture from the University of Washington and is a project manager with Taconic Builders. He can be reached at [blenz@taconicbuilders.com](mailto:blenz@taconicbuilders.com)



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## Snowed-out Storyteller Rescheduled!

Madrona storyteller, Farida Dowler aka Alkelda the Gleeful, was all set to sing her special musical folktales for preschool-aged children at the Madrona Sally Goldmark library in December. But Mother Nature had other plans and instead of bringing music and stories to the Madrona library, she brought snow and the library stayed closed.



But now that spring is here, Alkelda's performance has been rescheduled for April 18, at 11:00am. She invites all her Madrona friends and neighbors to join her as she shares folktales and plays songs on the guitar. The stories and songs you hear will be ones you can easily take home afterward to share with friends and family.

## Madrona Dining & Sipping Society Plans

By Audrey Seale, 36th Avenue

It's a new month, and that means a new opportunity to make plans for dinner with your neighbors.

On April 16 we will sample the new spring menu at Dulces (menu & pricing to follow). And by May the new restaurant going in where Coupage was should be ready for us to try. Rumor has it that it's a Thai place!

Then on the third Wednesday in June we'll be at Bistro Turkuaz, and in July at Cafe Soleil. I hope we can also return to the St. Therese lawn for a big summer barbecue night to round out the tour of our neighborhood restaurants.

Hope you will join the group for one event or all. Everyone in Madrona is invited and we always have a great time together. If interested, RSVP me at [audryseale@quest.net](mailto:audryseale@quest.net).



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## CD Plan.. (cont'd from page 4)

At the January 2009 meeting the new President proposed replacing the current bylaws with the 1995 by-laws. The reason the current officers felt with the Central Area Neighborhood Plan (CANP) Stewardship there were too many community meetings. Under the current bylaws the Vice President of the CAN Dist Council is the Chair of the CANP Stewardship. Council attendees opposed this bylaw swap. Fortunately there were enough community people to vote instead to form a bylaw committee. We need to follow through with the vote of the council to allow the committee to meet, work on the bylaws and bring their recommended amendments to the Council for approval.

**The Central Area Neighborhood Plan (CANP)** is: "The community's vision about managing the changes that nearly all community members see on the horizon."

**CANP Stewardship** is: "...to ensure strategic implementation of the Central Area Action Plan II with the oversight of a committee representative of the community's stakeholders."

The CANP Stewardship was placed under the CAN Dist Council in the 2000 bylaws, temporarily until the Community could gather enough interest and momentum in working on the Neighborhood Plan and return to its original status. Since the new officers wanted to revert back to the 1995 bylaws which the CANP Stewardship was not a part of, it was felt this meant they were no longer interested in the CANP Stewardship. Community people working on the CANP Stewardship assumed this was the perfect opportunity to return it to its original intended freestanding as an entity.

In the spirit of the Chapter 11 of the CANP despite the challenge of low community participation, the CANP Stewardship has been able to re-ignite interest. It is important to continue with this momentum so we can expand participation onto other aspects impacting the growth and quality of life in the Central Area.

The new Chair has never been to a CANP Stewardship meeting, nor does he appear to understand the significance of the Neighborhood Plan. So when asked if he was willing to work with the past CANP Stewardship Chair, the answer was a resounding "No".

CANP Stewardship needs to be separated from the CAN Dist Council and returned to its original community-driven free standing state, respecting all the hard work community people have already been accomplished.

## Ah, Spring!

By Judith Starbuck, Grand Avenue

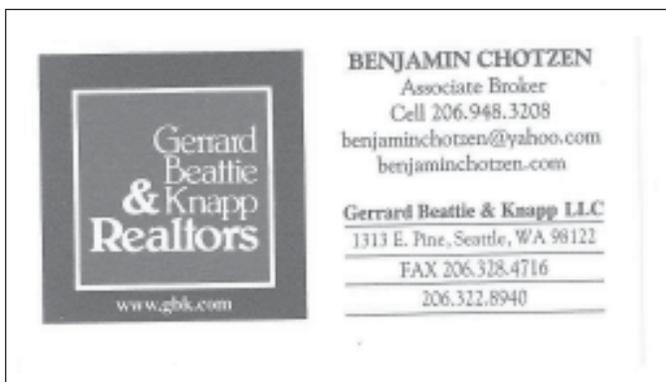
It's hard to pick a season when Madrona Woods is the prettiest, but spring has got to be a main contender. By the time it arrives officially, skunk cabbage and Indian plum will have been in bloom for almost a month. Salmonberry and red-flowering currant will be blooming, to be followed soon by violets, trilliums, Oregon grape, oxalis, columbine, goatsbeard, and thimbleberry, among others. This spring there's the added beauty of both the sight and sound of our new Madrona Park Creek. With the competent and sure-footed help of the Green Seattle Partnership's Americorps crews, which we were able to hire with our Department of Neighborhoods grant, all the stream banks and hillsides above are graced with newly-planted native trees, shrubs, and ground covers. And with the help of Parks Department trail guy Jacobo Jimenez and hard-working Friends of Madrona Woods volunteers, at Spring Street you'll now find a grand entrance to the new bridge and main trail.

We hope many from the community will join us for a spring flower walk at the end of April, complete with games for the kids. Watch the *Madrona News* and the kiosks for details. If all goes as planned, in May and June we'll all get to see baby salmon in the stream and ponds.

If you haven't been down to see the wetland cove, now filled in with reeds and rushes, or followed the new stream to where it enters the Lake in the cove, don't wait any longer for these delights. And if you feel these additions to the community are special and worth supporting, please let us know by sending us some money to help us retire our remaining debts. Send checks made out to Friends of Madrona Woods to John Lahti at 1715-33rd Ave, 98122. Or pick up an envelope from the Parks sign at the waterfront natural area. Joan Scott's address is on these, but she'll pass them on to John.

Let Deirdre McCrary know if you'd like to be notified by email of our third-Saturday-of-the-month work parties: new hours - 10:00am-1:00pm. Meet at the toolbox at the Spring Street entrance (Spring & Grand).

For more information about activities in the Woods and natural area and ways you can get involved, contact me, [judithstarbuck@msn.com](mailto:judithstarbuck@msn.com) or 322-2640, or visit our website at [www.madronawoods.org](http://www.madronawoods.org).



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## Healthy Kids Day at the Y is April 18

On April 18 from 10:00am to 2:00pm, Meredith Mathews East Madison YMCA (MEM) will host Healthy Kids Day. This is a nationally recognized YMCA event focused on educating families about health. This carnival event is free and open to the community. The schedule of activities includes face painting, arts and crafts, "April Pools Day" open swim, fitness and health demonstrations, and various performances for kids. The first 100 kids get a FREE Healthy Kids Day T-shirt! There will also be a drawing for one lucky family that is not already a member of MEM to receive a complementary one-year membership. In addition, we are waiving the joining fees on a Family Membership April 17 through April 19.

The YMCA Black Achievers Program's 20<sup>th</sup> Annual Scholarship Awards and Recognition Dinner Banquet is being held on May 21 from 5:00 to 8:00pm at the Don James Center, Husky Stadium, University of Washington. The banquet will honor student participants who are completing their senior year of high school by awarding scholarship funds for their college education. For more information, please contact Shomari Jones at 322-6969 x104 or [sjones@seattleyymca.org](mailto:sjones@seattleyymca.org).

Marathon Training – Have you always wanted to run a marathon? Here is your chance! The Rock 'n' Roll Marathon is coming to Seattle in June and we want to help you train for it! Training will start in April and continue until the end of June. Once a week we will meet for a group run. Whether you are a beginner or a veteran – all runners are welcome! Training will begin every Thursday at 5:30pm.

For more information on these or other offerings at the MEM YMCA, call 322-6969 or drop in to the office at 1700 23<sup>rd</sup> Avenue, on the corner of 23<sup>rd</sup> and Howell.



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## Madrona Salon Offers Thoughtful Conversation

By John Platt and Paul Butler, St. Clouds

On Inauguration night we experimented with holding a "salon/caucus" evening at St. Clouds. We wanted to put a bit of effort into our democracy, while also enjoying the bonds forged over food and drink. The result was a thought provoking and expanding experience and so we have decided to continue the dialog with monthly "salons," open to any and all.

In March, our topic was "taxes." The conversation touched on the impacts of our national government cutting taxes while our state taxes increase. We talked about whether economic stimulus and fiscal responsibility can coexist, and what people feel responsible to pay for versus what they want to pay. We also urged people to avoid common, divisive labels such as "left" and "right" or "liberal" and "conservative," instead focusing on the problems and solutions, and finding Common Ground.

Paul and I want to underscore that we are a restaurant committed to the ideals of community and neighborhoods, and that this salon is an extension of that. So on April 7 once again we'll push the tables together to encourage conversation. Participants—including those who come specifically for the salon and unintentional diners who agree to join—will likely find yourselves seated with folks you don't normally have dinner with.

We hope you'll include your family—every family ought to enjoy not only dinner together and each other's company, but also a chance to express perspectives, to listen and talk. This will be good, spirited fun. Note that the conversation goes on over dinner, throughout the night, not at some prescribed time. So come when it fits, and enjoy dinner. Reservations welcome, and bear in mind we'll be seating everyone at group tables. Of course, if you'd just like to have a regular St. Clouds Tuesday night dinner, that's fine too—we are happy accommodate all.

Much credit for the success of this community conversation model goes to Steptwo.org, in particular Karl Bischoff and Devin Liddell of Phinney-Bischoff Design House. They hosted the original meeting that inspired us to partner with them to develop the salon into a model that other restaurants, can replicate. We all firmly believe that citizens' talking with each other is our road to a fuller and more satisfying democracy.

Let's carry forward President Obama's mantra that we are ONE country—with diverse ideas and diverse experiences, but united in our belief in democracy and America. See you soon at St. Clouds Salon. Contact us at 726-1522 or [www.stclouds.com](http://www.stclouds.com) if you have questions.

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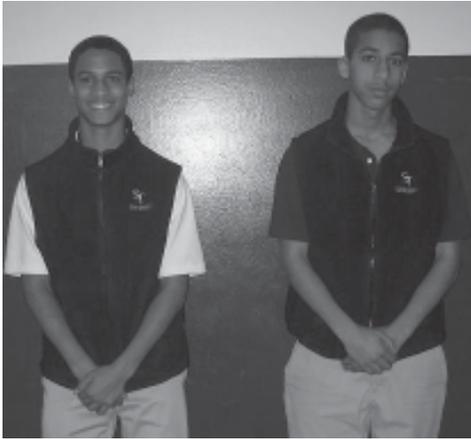
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Tue through Sat  
10am - 6pm



## St. Therese Students Win Technology Awards

By Sandy Gunder, St Therese School



Technology Leaders of the Future: Aaron Love and Matt McMillan

In a tech-savvy city like Seattle it's not surprising that we have a lot of very tech-savvy kids. St. Therese School is very proud to share that two of our students have been recognized by the Washington Technology Industry Association (WTIA) as Technology Leaders of the Future.

7th Grader Matt McMillan and 8th Grader Aaron Love both participate in the WTIA's Technology Access Foundation (TAF) Tech Start program, a program that nurtures Middle Schoolers who shows promise in technology. Winners of the TAF award must demonstrate potential for success through leadership, learning, and technology skills. Participants create a project—this year it was a podcast on the subject of their choice—and the winner is selected through an evaluation by peers, parents, TAF staff, technology instructors, AND on-line voting.

Matt and Aaron, along with Israel Zemeadin, an 8<sup>th</sup> Grader from Washington Middle School, are the three finalists. All three boys

will receive a monetary scholarship, and one winner will be announced at the WTIA Annual Industry Achievement Awards celebration on March 25. At that event, all the finalists will display their projects in the Technology Showcase area.

Both Matt and Aaron chose to do their podcasts about drums. "I clearly explained why people like drums, how Africans use them in languages, and the origin of the drum set," says Matt about his podcast. Aaron focused on the history of drums, and his creation is scheduled to be shown at the Paramount Theater later this month.

Voting is now closed but you can see the podcasts at [www.washingtontechnology.org/IAA](http://www.washingtontechnology.org/IAA).

## Spring Neighborhood Clean Up Day

Grab your gloves and get ready to clean up downtown Madrona. Does it bother you to see empty coffee cups blowing down 34<sup>th</sup> Avenue? Do you cringe when you step over trash on Union? On April 19 from 3:00pm to 5:00pm it's your chance to tidy up Madrona at the spring neighborhood clean up. This is a great family event and a good way to teach kids about the evils of littering.

The city will supply trash grabbers and bags; all we have to do is use the former to fill up the latter. The cleanup will focus on the sidewalks and public areas around the playfield, Madrona School, and the Madrona business district. We'll meet at the Madrona Playfield shelterhouse and fan out from there, depending on resources and volunteers. If you know of any specific area in the neighborhood that needs a special cleanup, we'll get to that if we can. If you have questions or want to focus your efforts more on your own street, contact me at [d2burpee@yahoo.com](mailto:d2burpee@yahoo.com) or 328-4739 and we can coordinate efforts.

# Seattle Art of Wellness

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<p><i>Schedule</i> 3 Treatments for <b>\$150.00</b> Until June 30th</p>		

## It's Your Money:

### A Checklist for Surviving Financial Crisis

By Barbara Banon, Edward Jones Financial Services

Over the past few months, the news has been almost incomprehensible. It's hard for many of us to make sense of the failure of major Wall Street firms and large banks and the \$700 billion bailout of the financial sector. And it's hard for investors to be calm when stocks have fallen more than 40 percent between October 2007 and Inauguration Day 2009. What can you do to cope? Consider the following "checklist" for surviving a financial crisis:

- Close your ears — but open your eyes. These days, you may hear some so-called "experts" talking about end-of-capitalism scenarios. Try not to listen to these doomsayers. We still have the most powerful economy in the history of the world, and we will recover from these setbacks. Look for opportunities. Investors who buy into the stock market at lower prices are likely to earn higher returns than those who buy stocks when prices are higher.
- Focus on things you can control. During a financial crisis, your success at weathering the storm depends on your ability to stay calm and concentrate on the things you can control. For example, you can control your portfolio's ability to withstand volatility. How? By diversifying your holdings as broadly as possible. The wider your range of investments, the less you'll be hurt by downturns that primarily affect one asset class.
- Review and rebalance your portfolio. During this market decline, some of your holdings have probably fallen more than others. Consequently you may want to meet with your financial advisor to determine if you should rebalance your portfolio by adding more money to those asset classes that have fallen the most.
- Look for quality investments. In this economic environment, it's more important than ever to focus on quality investments. When you buy stocks, look for those companies with strong balance sheets. If you're purchasing bonds, stick with those that receive high credit ratings.
- Be patient. The most successful investors have the courage to stay the course and take advantage of opportunities while others are "bailing out" of the financial markets.

We may still have some rough roads ahead of us. But if you can check off every item on this list, you can smooth out some of the bumps you'll encounter on your journey toward achieving your long-term goals.

## Play Madrona Mutt Match-up

By Shelly Haverkamp, 30<sup>th</sup> Avenue

Sometimes it seems like everyone in Madrona has a dog. All of these dogs live in our neighborhood. To play Mutt Match-up, pick which dog lives with which owner by drawing a leash to connect them. The answers are on page 12.



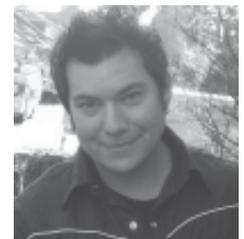
Violet



Kelli



Lucky



Anthony



Scout, Simon



Chuck

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-Mahatma Gandhi

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## Mayfair Planning Begins!

By Paige Smith, MLK

Madrona Mayfair—the annual kids parade and free carnival at the Madrona Playfield—will be May 16 at 9:30am to 12:30pm. We have a fantastic group of volunteers who are already in the thick of planning. Many hands make light work and we still need a few more volunteers to help raise funds, get everything ready, and be there on Mayfair Saturday.

We need people to volunteer for

- Preparation for Mayfair. This means everything that has to get done before the day, from gathering prizes and supplies, to baking for the Bake Sale. If you're interested, contact me at [paige.eg.smith@gmail.com](mailto:paige.eg.smith@gmail.com).
- Day of Volunteers. This means helping out during the parade or attending a booth at the playfield for an hour or so. If you're interested, contact me at [paige.eg.smith@gmail.com](mailto:paige.eg.smith@gmail.com).
- Fund Raising. All the games and activities at Mayfair are FREE and it takes some work to keep it that way. We are actively looking for people and/or businesses to get involved financially, by donating goods or cold hard cash. If you are interested, contact Jennie Fox at [j24fox@yahoo.com](mailto:j24fox@yahoo.com).

Thanks so much! See you all at Mayfair!

**Mutt Match-up Answers:** Kelli & Scout, Simon, Anthony & Violet, Chuck & Lucky

## 2009 Madrona Neighborhood Events

Grab some gloves and help clean up “downtown” Madrona on April 19. Thanks to Janna Pekaar for volunteering to coordinate the Neighborhood Garage Sale, and to Paige Smith and Jennie Fox for getting a head start on Mayfair.

- Jan** Martin Luther King Celebration—Jan 18 Epiphany
- Feb/Mar** Neighbor Appreciation Day—March 7 Jon Hughes
- April** **Neighborhood Cleanup**—April 19 Didi Burpee  
Community Garage Sale—TBD Janna Pekaar
- May** Mayfair Parade & Carnival—May 16 Paige Smith  
Madrona Blossoms Flower Baskets—Marie Doyle
- July/Aug** Madrona BBQ Festival —**Need Coordinator**
- Sept** MCC Officer Election—Cynthia Stross
- Oct** Kids' Halloween Party —**Need Coordinator**
- Nov** Winter Greens & Holiday Lights
- Dec** Christmas Ships, Bon Fire & Carols at  
Madrona Beach —**Need Coordinator**

To get involved, contact these event coordinators or Madrona Community Council VP of Events Paige Smith at 225-5821 or [paige.eg.smith@gmail.com](mailto:paige.eg.smith@gmail.com)



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[stevensmith@cbba.com](mailto:stevensmith@cbba.com)  
206.769.5699

# MADRONA COMMUNITY CALENDAR

## RECURRING EVENTS:

**WEDNESDAYS** 5:45 PM **Weight Watchers Meeting**—Central Area Senior Center in Leschi, 500 30th Ave S., 726-4929.

**WEDNESDAYS** 4:00 PM – 5:00 PM **Bible Study** – Epiphany Christie House Library [www.epiphanyseattle.org](http://www.epiphanyseattle.org)

**WEDNESDAYS** 7:00 PM – 8:30 PM **Library Book Club, Madrona-Sally Goldmark Branch** 1134 33rd Ave., Seattle, WA 98122

**THURSDAYS** 7:30 PM **AA/ALANON Meeting**—Epiphany Great Hall. [www.epiphanyseattle.org](http://www.epiphanyseattle.org).

**FRIDAYS** 7:30am **Madrona/Leschi Citizens Against the War**—Quiet demonstration, 23rd & Union, Kathy Barker [kbarker715@comcast.net](mailto:kbarker715@comcast.net).

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**Mar 21** 10:00 AM - 1:00 PM **Friends of Madrona Woods Work Party**. Meet at the toolbox at the Spring Street entrance (Spring & Grand), Deirdre McCray [deirdre\\_jaymccray@msn.com](mailto:deirdre_jaymccray@msn.com).

**Mar 25** 10:30 AM **Preschool Story Time** – Madrona Sally-Goldmark Library, 1134 33<sup>rd</sup> Ave, 684-4705

**Mar 25** 7:00 PM **Singin' in the Rain Neighborhood Family Choir Concert** - Epiphany Parish Hall (Upstairs), FREE & Kids Welcome

**Mar 26** 7:00 PM Madrona Family Choir Concert. Hear your neighbors sing! Epiphany Great Hall. Eric Sari Breznau [saribrezneau@hotmail.com](mailto:saribrezneau@hotmail.com)

**Apr 1** 10:30 AM **Preschool Story Time**—Madrona Sally-Goldmark Library, 1134 33<sup>rd</sup> Ave, 684-4705

**Apr 4** 1:00 PM – 5:00 PM **Neighborhood Cooking for the Homeless**— Irish Theme! Madrona Presbyterian Church, Darren Pritt [darren@neighborhoodcooking.org](mailto:darren@neighborhoodcooking.org).

**Apr 5** 1:00 PM – 5:00 PM **Neighborhood Cooking for the Homeless**— Irish Theme! Madrona Presbyterian Church, Darren Pritt [darren@neighborhoodcooking.org](mailto:darren@neighborhoodcooking.org).

**Apr 7** 7:15 PM **Madrona Community Council Meeting**—Madrona Playfield Shelterhouse, Cynthia Stross [cynistr@gmail.com](mailto:cynistr@gmail.com)

**Apr 7 St. Cloud's Salon**—Citizen's talking with each other over dinner for a fuller and more satisfying democracy, St. Cloud's Restaurant 726-1522

**Apr 8** 10:30 AM **Preschool Story Time** – Madrona Sally-Goldmark Library, 1134 33<sup>rd</sup> Ave, 684-4705

**Apr 9** 6:30 PM **Central Area Neighborhood District Council** – Douglass-Truth Library, 2300 E. Yesler Way, Adrienne Bailey, [kismit\\_2000@yahoo.com](mailto:kismit_2000@yahoo.com). Includes discussion of MLK crosswalk proposal.

**Apr 11** 10:00 AM –2:00 PM **Neighborhood Cooking for the Homeless**—Madrona Presbyterian Church, Darren Pritt [darren@neighborhoodcooking.org](mailto:darren@neighborhoodcooking.org).

**Apr 13–19 SpaWeek™** - Visit Seattle Art of Wellness for three fabulous organic spa treatments each for only \$50 & free samples! 1125 34<sup>th</sup> Ave, 324-3552, [www.SeaWellness.com](http://www.SeaWellness.com) or [www.spaweek.com](http://www.spaweek.com)

**Apr 15** 9:00 AM –1:00 PM **Neighborhood Cooking for the Homeless**—St. Cloud's Restaurant, Darren Pritt [darren@neighborhoodcooking.org](mailto:darren@neighborhoodcooking.org).

**Apr 15** 10:30 AM **Preschool Story Time** – Madrona Library, 1134 33<sup>rd</sup> Ave, 684-4705

**Apr 16** 6:30 PM **Madrona Dining & Sipping Society** – Sampling the new spring menu at Dulces. RSVP with Audrey [adureyseale@qwest.net](mailto:adureyseale@qwest.net)

**Apr 17-19 No Joining Fees at the Y!** Meredith Mathews East Madison YMCA waives the joining fees on a Family Membership.

**Apr 18** 10:00 AM – 2:00 PM **Healthy Kids Day**, Meredith Mathews East Madison YMCA, Fun & Healthy activities for the entire family, Free and open to the community.

**Apr 18** 11:00 AM **Musical Storytelling** —Madrona's Farida Dowler shares folktales and plays music for preschool aged children and friends. Madrona-Sally Goldmark Library, 1134 33rd Ave 684-4705

**Apr 18** 10:00 AM - 1:00 PM **Friends of Madrona Woods Work Party**. Meet at the toolbox at the Spring Street entrance (Spring & Grand), Deirdre McCray [deirdre\\_jaymccray@msn.com](mailto:deirdre_jaymccray@msn.com).

**Apr 18** TBD **Black Panthers in Madrona** Discussion with the Dixon brothers. Time date tentative. Look for fliers on 34th Ave. Artretnetta Gray [agbg731@yahoo.com](mailto:agbg731@yahoo.com)

**Apr 19** 3:00PM Madrona Neighborhood Clean-up - Meet at the Madrona Playfield Shelterhouse, Didi Burpee 328-4739

### March

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### April

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Newsletter of the Madrona Community Council

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**April 10, 2009 Next MADRONA NEWS DEADLINE**

**Article Submission:** Contact editor Kim Herber at 325-9923, 1522 35th Ave. or send material to [kdh5027@aol.com](mailto:kdh5027@aol.com) and to production editor Christine Bender at [christineb@conversation.com](mailto:christineb@conversation.com).

**Advertising:** Contact John Schuitemaker at 910-1111 or [jschuite@comcast.net](mailto:jschuite@comcast.net). Rates are on-line at [www.madrona.us](http://www.madrona.us).

**Mailing List Additions:** Contact Kim Herber (see above).

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Treasurer	Steve Orser	423-1412	<a href="mailto:steveorser@yahoo.com">steveorser@yahoo.com</a>

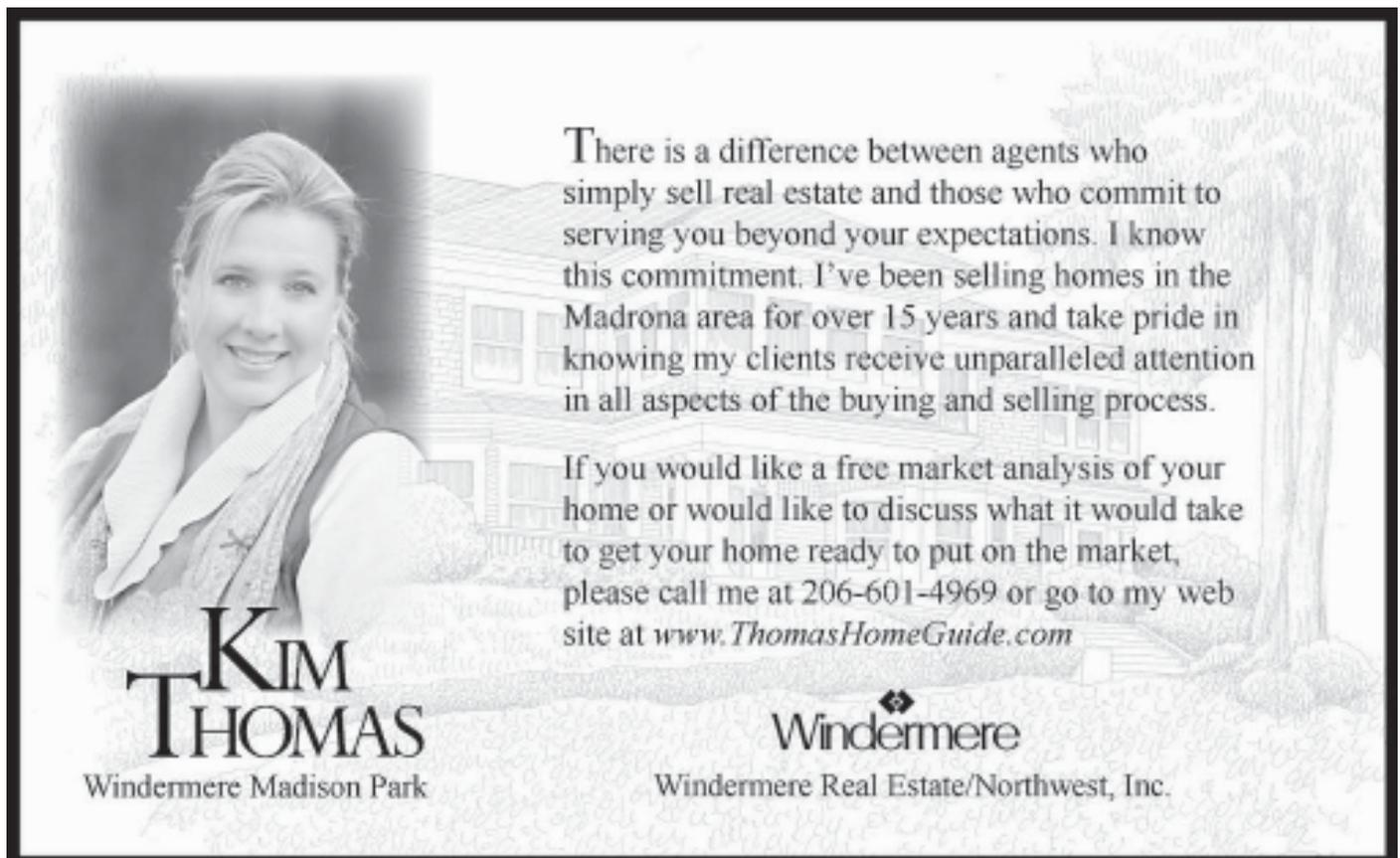
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