

MADRONA

NEWS
WWW.MADRONA.US

June 2008
Issue No. 205

Burglaries on the Rise for Madrona Homes & Businesses

By Kim Herber, 35th Avenue

Seattle weather may not seem like June but Madrona crime statistics, which tend to climb during the summer, are sizzling. Burglaries are up throughout the city and in Madrona, both homes and the downtown businesses have experienced a rash of break-ins. Other than locking our doors and keeping valuables away from windows, the police advise that we protect ourselves through communication, being alert, and calling 911 to report suspicious behavior.

During many of the break-in in the businesses on 34th Avenue, the thieves tossed a large brick or rock through a glass and were in and out so quickly that police and security services did not have time to respond to the alarms. For a small business, the loss of merchandise and the cost of repairing damages are significant. "Something like this really puts everyone on edge and makes being a shopkeeper a lot less fun," says Amy Bush, owner of Jaywalk.

Home break-ins also have a common theme. It appears that a group of three or four thieves work as a team. While one rings the doorbell to ensure that no one is home, the others break a window in the back yard. Usually they quickly grab laptops, cameras, musical instruments, and other small items, carrying their loot off in stolen back packs and rolling suitcases. Some times they take the time to go through drawers and find extra car keys, blank checks, and less obvious valuables. If you answer a knock at your door to find someone you don't know who asks an odd question and rushes off, call 911!

The Madrona Moms email list has been full of sad and similar stories: day-time home burglaries in the 800 block of 31st and 32; car prowls and bikes stolen in the alley of the 800 block of 30th & 31st; rocks tossed through windows at five homes near MLK & John; crooks riding away from a home on 35th on a bike stolen from the basement; cars rifled on E. Union. But there are small wins, too. Hooray to the woman on 37th who saw teenagers throw a rock through a neighbor's window and called police.

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Madrona Community Council Minutes

By Cynthia Stross, MCC Secretary, 35th Avenue

Thanks for everyone who attended the June 3 Madrona Community Council (MCC) meeting. This is our last meeting until September as the MCC takes the summer off. The following topics were discussed at the June meeting.

Development News: The community reviewed a three-dimensional model of the planned development at East Union and Martin Luther King. It shows retail space at ground level, live/work space at the second level and two additional floors for residential use. Plans include a greenhouse on the roof to collect energy to heat the common corridors and to house the common washer/dryers for the

building. Developers and Madrona neighbors Marty and Maggie Liebowitz of the Madrona Company are also considering the addition of gym equipment housed on the roof, which could also be used to produce energy for use in the building or to create a fun incentive to earn laundry money and get some exercise simultaneously. They also plan to market part of the roof to a cell phone provider.

The third and fourth floors of the building are set back from Union, allowing the addition of a green roof over approximately half of the second floor

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New Minister at Madrona Presbyterian Church

Adding to the multiethnic mix at Madrona Presbyterian Church is recently-arrived interim minister Rev. Larry Low. A native of San Francisco, with the Chinese name Lau Gee



Shui, Rev. Low will serve Madrona Pres for at least a year, eventually being replaced by a permanent pastor. While at the church he will continue to serve as a social worker at the Veterans' Administration Medical Center, where he has worked for 32 years. His current assignment is to work with infirm and elderly residents in nursing facilities in western Washington.

Educated at UC Berkeley and San Francisco Theological Seminary, Low has served as assistant pastor at Mount Baker Presbyterian Church and interim pastor at Beacon Hill

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Crime... (cont'd from page 1)

Police believe they know who the home burglars are but because they are juveniles—16 or 17 and well aware of their actions—it is difficult to get a warrant to search their homes for stolen property. Some arrests have been made but because of their age, the offenders are quickly released, often to be arrested and released again and again.

Neighbor Martha Brockenbrough is fed up. "Under current sentencing laws, it takes five convictions before a juvenile car thief can receive more than 30 days detention," says Martha. "If the average car is worth j\$7,000, why do we let kids steal \$35,000 worth of cars before they suffer some serious consequences?" Martha has created a petition to try to change the law: www.ipetitions.com/petition/cartheftiscriminal/.

Others in Madrona are taking a simpler approach to fighting crime. "If we just communicate with each other and share our experiences, we will know who has been a victim," suggests artist Monad. "And then everyone else can be better prepared."

Frustrating as these crimes are, Madrona remains one of the safest neighborhoods in the city. We have very low rates of more serious crimes but in the Peaceable Kingdom, it is most unpeaceful to feel your home and property are at risk. Until this crime spree passes, either because those responsible grow up or move on, be watchful but not fearful. Madrona is still a great place to be.

Besides 911, here are other relevant contacts at Seattle's East Precinct:

- Mike Yasutake, Crime Prevention Coordinator 684-7717 or michael.yasutake@seattle.gov
- Community Policing Team for on-going problems: 684-4370
- Burglary/Theft and Juvenile Department: 684-5733
- East Precinct Crime Prevention to learn techniques to prevent crime: 684-7717

MCC... (cont'd from page 1)

roof. The residential units will have views of the green roof and the live/work units may have access to the green area. It will also have active solar collectors to feed energy back into the power grid. The building will be set back 12 feet from the street, and the Madrona Company plans to create a new planting strip on Martin Luther King Way. The planned façade will include canvas awnings and brass posts. There will be musician practice rooms in the basement, 26 parking places for the residential units and a Flexcar parking place.

Tax Abatement Zone Expansion: Marty Liebowitz postponed the discussion of the proposed enlargement of the tax abatement area until fall because the City Council is still discussing program details.

Community Council Elections in September: In September, the Madrona community will have the opportunity to elect officers to the MCC. Both current Vice Presidents, Rick Kolpa and Paige Smith, plan to continue serving, as does Treasurer Steve Orser. Two candidates for President are Mr. Holly Smith and Cynthia Stross. Max Liebowitz is running for Secretary. Come one, come all and cast your vote at the September 2 meeting at 7:15 in the Madrona Playfield shelterhouse! Everyone is welcome.

No Energy Shortage for FORM!

With youthful energy and exuberance 28 second graders from The Bush School, along with the positive direction and assistance of their teachers and parents, dug, pushed and pulled invasive weeds from the Madrona Ravine adjacent to Madrona Drive. Two stalwart Friends of the Ravine in Madrona (FORM) volunteers, Jack Temple and Pieter Van der Meulen, worked with the students and, as shown in the photo, concluded the event by planting a native dogwood tree. Special thanks to The Bush School students, parents and teachers for their fabulous sixth year of volunteering in the Madrona Ravine.

Linda Hanson, who usually coordinates FORM events, is not currently available for Madrona Ravine projects due to her husband Bruce's sudden and severe illness. Bruce continues to recover and Linda is looking forward to returning to the ravine revival projects in the future.



Minister... (cont'd from page 1)

Presbyterian, and is especially interested in helping Madrona Pres move forward as a community. He was welcomed to the church at a luncheon given by the congregation earlier this month.

*Kismet
paste-up*

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Cherry Street Revival

By Kim Herber, 35th Avenue

The Cherry Street revival started nearly two years ago when Evelyn Brown opened Xazz, her full-service multicultural salon high up off Cherry Street between 28th & 29th avenues. Now the revival is gaining strength as the new owners of the building that houses Amy's Café and Amy's Merkato renovate the space so that the Ethiopian-themed businesses can expand. Next door, the long abandoned pizza signs have been replaced with the gold crowns and fleur de les of New Orleans. Can we say that Cherry Street is blossoming?

The place that started it all, Xazz, is dedicated to changing the idealistic views of the beauty industry and giving back to the community through the non-profit organization Sense of Self. Sense of Self was created to build self confidence and self esteem for all kinds of individuals. It offers seminars and workshops designed to empower and educate multi-heritage families and clients about hair care, skin care, and general wellness in life. Xazz and Sense of Self also visit local schools and community centers to educate youth on the basics of hygiene and daily grooming routines, and the importance of other life skills such as etiquette, manners, and nutrition. They also address one crucial need of Seattle's underserved youth by teaching how to minimize and treat acne. Some examples of their very successful "Sense of Self" seminars and projects are:

- **Bi-Racial/Multi-Heritage Hair Seminar** created for mixed heritage families.
- **Hands-on Braiding Workshops** including hair prep, tools, and techniques.
- **2009 Glow Calendar Project** representing the diversity of Xazz's talents, clientele, and services.
- **Glow T-shirts** with images of children and messages of self confidence and self esteem.

Xazz and Sense of Self seek to create community amongst their clientele by ensuring families and individuals that their intent is to better ourselves through education and self discovery. For more information or to make an appointment for services, stop in or contact Xazz at 322-XAZZ(9299) or www.xazzsalon.com.

Just east of Xazz, Filli Abdulkdka and his wife Yodit Seyoum (aka Judy), the owners of Amy's Merkato/Amy's Café, are very excited about the changes in their businesses. In the café, they are moving the seating, creating a new menu, and getting ready to televise lots of international soccer matches. In the Merkato, Filli and Judy are working with a store designer to figure out how to make the best use of the space so they can keep the butcher and bakery and still offer more products to better serve neighborhood customers. The remodel has also created a new 800 sq ft commercial space and owner Dave Sharkey is looking for a tenant. If you are interested, contact him at 890-0670.

To the west of Xazz, a classy new King Creole Louisiana BBQ and Gumbo Restaurant owned by Kinzie Faulk is emerging. A peek in the window shows a work in progress but the sign on the door says a Grand Opening is planned soon. The revitalization of Cherry Street continues! Congrats to the neighborhood and thanks to all the business owners for being part of the Central Area and Madrona.

A Sunny Mayfair at Last!

By Paige Smith, MLK Way

Madrona celebrated Mayfair on a wonderful sunny and hot Saturday May 17 morning. Hundreds of families, pets, bikes, trikes, strollers and clowns gathered for the parade, which had

more volume this year with the added noise makers and kazoo's! The fire truck led the charge and then parked at the Playfield so kids could climb aboard and meet our friendly neighborhood fire fighters. Pony rides were especially fun this year with the ponies all dressed up for the big event! Kids enjoyed the face painting, carnival games, bouncy houses and of course the big show from Deano the Clown. Thank you to everyone who helped keep this 30+ year tradition alive in our neighborhood!



Kudos to our planning team: Susie Polson, Jennie Fox and Sarah Bryar. Thanks to Tina Shepard and Katie Snyder for their amazing help running the event, Jon Hughes for gathering an army of people to help out all over, our awesome bakers, Madrona K-8 for the water and drinks, New Born You Massage, Lake Washington Girls School for the face painting, Friends of Madrona Woods, Carolyn Gracz, Melinda Wooding, Ben Stangland, Steve Orser, Craig Durrie, Erin Smith, Ronnie Coulter, Maddie Bell, Madeline Knight, Dana Grant, Kiran Mir, Jeremy Hudgeons, Jennifer Durrie, Averil and Ed Budge, Kim Herber, Sam Ditty, Hannah Ditty, Judy Honican, Rick Kopla, David Parker and the many, many others!



Huge thanks to our local business sponsors that make this all possible:

Etheridge Family Dentistry for sponsoring Deano the Clown, Izilla Toys for sponsoring our Bouncy Houses, Lakeview Kid's Dentistry for sponsoring our Ponies, Conscious Body Pilates, Dulces Latin Bistro, Epiphany School, Kismet Salon, Madrona Community Council, Precocious Toys, Prestige Custom Builders, and St. Therese School. Let's hope for sun again next year.

Organic Day Spa moves to Madrona

By Andrew Kreis, 36th Avenue

Since I live in Madrona it was my dream to have my day spa located in our wonderful neighborhood and that has finally happened! Seattle Art of Wellness Organic Day Spa is now open at 1125 34th Avenue, Suite A, a couple doors south of St. Clouds Restaurant, just behind Artradina's Antique Shop. Join us on July 12 from 11:00am to 2:00pm for a free skin care clinic and a chance to win a 60-minute organic facial.

It's been a little over two years since Seattle Art of Wellness opened its doors and since then we have refined our traits and evolved into offering organic services. We seek out therapists who are gifted and trained in their areas of expertise. And, unlike those at most spas, our treatments are customized to our client's needs at that time. We utilize Kür Organic massage oils and lotions; Éminence Organics from Hungary, which is the best of the best handmade organic skin care lines available in the United States. We are adding Moor Spa treatment and wellness products that are based on the revitalizing, purifying and nutrient-rich properties of a unique 10,000 year old Austrian Deep Moor Essence. Our reputation is well established as shown in our reviews on both www.CitySearch.com and www.SpaFinder.com.

We are excited to offer our unique, therapeutic and organic treatments to the Madrona community at our convenient new location on 34th Avenue. In our new space we have a double treatment room for couples or best friends. We also offer half day and full day spa treatments for groups —a great in-city getaway

for you and your friends! We invite everyone to stop by to see our new facilities and meet our therapists.

Visit us online at www.SeattleArtofWellness.com for more information or call 324-3552 to make an appointment. We look forward to getting to know everyone in Madrona and the surrounding neighborhoods.

Computer Classes for Seniors

Do your kids want to send you emails rather than writing letters? Do your grandkids want to email you pictures of themselves and their friends? When you hear people talking about "looking on-line" or "Googling" do you nod dumbly and wonder what the heck they are talking about? If you can use a typewriter, you can use a computer so get educated and get tuned on to the 21st century! The Central Area Senior Center (CASC) in Leschi offers several computer classes geared for "learners of a certain age." Call the center at 726-4926 for available class dates.

Introduction to Microsoft Office. A crash course in the use of Microsoft's powerful Office software. Individual students choose which program to focus on: Excel (spreadsheets), Access (databases), Word (documents), PowerPoint (presentations), or Outlook (email). \$15 for 2-week session, Thursdays 5:00-6:30pm

Introduction to Computers. A beginning course for people with little or no computer use. Provides fundamentals of hardware and software; computer terminology and operations; and use of a mouse. \$15 for 2-week session, Tues & Thurs, 10:00am to noon.



Organic Day Spa
Now in Madrona
Free Skin Clinic
July 12 from 11:00 to 2:00
Register to win a 60 minute facial!

Seattle Art of Wellness

1125 34th Avenue, Suite A

Architecture Foundation Tours Madrona

You may think you know your neighborhood well, but you can always learn, right? This season, the Seattle Architecture Foundation (SAF) offers a walking tour of Madrona on July 19 and September 20. Tickets are \$15 in advance or \$17 the day of tour if space is available. A third Madrona tour on August 16 is already sold out!

Here's the SAF blurb on Madrona: *Dubbed by its current residents as a "Peaceable Kingdom", Madrona in the 1950s and '60s centered around 34th Avenue, an infamous "red line" separating streets of whites-only mansions from a starkly different neighborhood that fought segregation battles in schools and churches. Once the Northwest headquarters of the Black Panthers, how did Madrona go from being the front line of racial tension in Seattle to being one of the most vibrant, lively and integrated neighborhoods on the West Coast?*

The SAF offers a number of 2- and 3-hour walking tours through Seattle neighborhoods. To name a few:

- Columbia City: Valley on the Rise
- Pike/Pine: Cars, Bars and Dead Rock Stars
- Craftsman Bungalows: Ravenna
- Downtown Tour for Families

For more information about SAF walking tours, call the SAF office at 667-9184 or register at www.seattlearchitecture.org/index.cfm.

Neighborhood YMCA SummerCamps

The Meredith Mathews East Madison YMCA on 23rd Avenue is offering several summer camps. Does your child enjoy art and dancing? Is he/she a future chef or athlete? Our experienced instructors offer children a variety of activities that will nurture and challenge their spirits, minds and bodies. All camps are Mondays through Fridays, 9:00am to 3:00pm, and financial assistance is available!

Explorer Camps for kids 8-12: Day camps with a weekly theme and field trips around the community.

Specialty Camps for kids 6-12 or 8-11: Unique, skill learning programs including

- Jump rope with Rope Works.
- Cheerleading with Skyhawks
- Cooking with PCC

Sports Camps for kids 6-12 or 8-11: Develop skills and learn teamwork

- Basketball
- Volleyball
- Girls Get Fit

Attention college students home for the summer! Join the MMEM for three months; pay for upfront with no joining fee!

Attention golfers! Annual Black Achiever fundraiser golf tourney is August 11 at the Golf Club at Newcastle!

Contact your neighborhood Y at 322-6969 or www.seattleyymca.org/page.cfm.

Global Visionaries Moves South

By Sarah Everstine & Sharon Wheeler-Birchfield

After seven years in Madrona, a special group of inhabitants of the blue house on 34th Avenue, Global Visionaries (GV), has relocated to Beacon Hill. GV is a non-profit organization that offers a leadership program to high school youth that focuses on social and environmental justice, community service, and culminates in a cultural immersion trip to Antigua, Guatemala.

This move came as we finally realized our growth exceeded the blue house's capacity. And while we are extremely excited about this move, we are saddened to leave our friends in Madrona. We will especially miss the friendly faces and delicious treats from the Madrona Market, the Hi-Spot, and Vérité. We also thank Madrona K8 and Epiphany Parish for generously allowing us to hold meetings in their spaces. We also thank all of the businesses and individuals in Madrona and Leschi that have so graciously supported us so many years. The GV staff, board, participants, and volunteers all have appreciated the sense of community we felt in the neighborhood.

Thanks to the community's support, this year has been extremely successful for GV. We worked on various events including finishing the trail loop at Interlaken Park, spending a day restoring Frink Park, touring the Duwamish River, and walking along Lake Washington to raise awareness about local and global water issues. We have also sent 64 youth to Guatemala, and 39 youth board members served as leaders throughout our program year.

Our new home is 2425 16th Avenue South in the old Beacon Hill school building. The building is already home to many other great organizations with similar goals and values, such as AMEN, Children's Home Society of Washington, Open Arms, PALS, and El Centro de la Raza. We could not have found a more fitting place for GV, as we are now more immersed than ever in the Latino community of Seattle.

We will be having an office warming party this summer and many events next year that we would love for you to join. Please check our website for dates and details: www.global-visionaries.org.

Once again, muchas gracias, Madrona! We will miss you!

CoRRRECTIONS

Land Use: Apologies to local developers Marty Liebowitz and Tom Flood. Marty's building at MLK & Union is planned to have up to 30 rental residential units, plus offices, storefronts, and basement practice spaces for musicians. Tom's building at 34th & Pike does include parking for residents. Also in the May Madrona News, the name of Turkuaz owner and chef Ugur Guros was misspelled.

MD&SS Hosts Family Picnic in September

By Audrey Seale, 36th Avenue

It is such a thrill to me that most neighbors have heard of our dinners and complimented us on the great idea. Many also tell me that they've been meaning to get on the email list so they can hear about the upcoming dinners beyond the newsletter and keep up to date on details. If that sounds like you, what are you waiting for? Email me at audreyseale@qwest.net and join us for great food and even better conversation.

On June 12 the Madrona Dining & Sipping Society (MD&SS) returned to Cremant, a nationally renowned French bistro right here in our neighborhood. Thanks to neighbor Helen Payton for making the arrangements and merci to Cremant for creating such a wonderful 3-course prix fixe meal served with their namesake cremant wine.

On July 10 at 6:30, neighbor Thom Ditty leads the MD&SS slightly out of Madrona for an evening of Ethiopian food at the Meskel Restaurant at 26th and Cherry. This is a restaurant for anyone who wants to dine on the adventurous side and a friend who grew up in Ethiopia pronounced the food at Meskel First Rate. They have wonderful vegetarian selections, lamb dishes and I've heard from many that they serve the best Green Chicken in Seattle. Of course it will be served on the staple injera bread. The patio is reserved for the MD&SS for a 3-course meal, including Ethiopian wine. RSVP to Thom at tjditty9@aol.com or 325-9923 and cross your fingers for sunny skies and a balmy evening.

We are not meeting in August so that you may all enjoy the Nights Out Block Parties on August 5. If you have not organized anything on your block yet, check out www.seattle.gov/police/Nightout/default.htm for information about blocking off your street.

On September 11, the MD&SS is hosting our first ever special event—an outdoor family-style picnic in the park! Armadillo Barbecue in Woodinville will bring their delicious menu right to us in Madrona and we invite everyone—especially families—to come out and enjoy it together. St. Therese is welcoming us all to their campus on 35th Avenue between Marion & Spring. To get a handle on the logistics, we will need to sell tickets for this event at a bargain price of \$15 for adults and \$5 for kiddos. Think sunshine! Think delicious barbecue! Think one last summer celebration with friend and neighbors before Fall overtakes us again. More details by email later so get on the list and get in the know!

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Summer: A Time to Enjoy and Lend A Hand

By Judith Starbuck, Grand Avenue

We hope all Madrona residents will stroll through the natural area in Madrona Park this summer and enjoy the new stream flowing down through the ravine to Lake Washington. The stream from the pond in the natural area to the lake is still a bit recalcitrant, but we're working on fixing the leak and encouraging all the water to flow as one.

On June 21 we'll be at the natural area (with cookies and juice) to answer questions about the project and to tell people how they can help out. Here's a quick list: weeding and watering along the stream above the pond; monitoring plant survival in plots established by Seattle Urban Nature; helping organize work parties; administering a grant; participating in trail building; and raising the money for the final stage of the stream daylighting and to build another bridge by this fall.

The watering and weeding will mostly be done by Continuum, a landscaping firm we've hired to install an irrigation system and water during the dry months—if we ever have any this year! Watering, weeding, clearing and mulching in Madrona Woods will be done mostly by volunteers at monthly work parties.

We've had some disappointments in the grants department, but we have been recommended for a \$100,000 Department of Neighborhoods grant and a \$15,000 grant from King Conservation District. If we get both, as expected, we should be able to hire Pacific Earth Works again this summer. They'll put a pipe under 38th Street and add the greater flow from the stream above. We're still dependent on contributions from neighborhood supporters for the bridge and matching funds for our grants. Make the check out to Friends of Madrona Woods and send it to Joan Scott, 3700 East Marion St., 98122, or pick up an envelope from the Park Department sign at the natural area.

Thanks to groups from Seattle Academy and the Green Seattle Partnership for their help on May 17. If you'd like to follow their stellar example, come to our summer work parties the third Saturday of the month from 9:00am to 1:00pm. We'll also work on June 28 so a Seattle Works group can join us. That day only we'll meet at the 38th Street entrance instead of the tool box at Spring Street. Email Deirdre McCrary at deirdre_jaymccrary@msn.com if you'd like to be notified by email.

For more information about activities in the Woods and natural area and ways you can get involved, contact me at judithstarbuck@msn.com or 322-2640 or visit www.madronawoods.org

CURRENT LISTINGS:

3702 E. JEFFERSON BIG LAKE VIEWS \$895K
717 26TH AVE 2BR, 2BA, TOWNHOUSES \$316K
818 24TH AVE, NEW CONSL. 3500 SQ FT
326 23RD AVE, E. CAPITOL HILL \$675K

206 325 CITY
www.GoCityLife.com
1435 34th Ave.
Seattle, WA 98122

Jon Hughes: Broker/Attorney



MLK School May Become Community Center

By Andy Engelson, 31st Avenue E

A group of Madison Valley residents called the Citizens for a Community Center at Martin Luther King (CCC@MLK) has come together to help create a community arts and meeting center at the former Martin Luther King, Jr. Elementary School at 32nd and Harrison. To hear what the community would like to see in a center at MLK school CCC@MLK is conducting an online survey that will be available through June 30. You can link to the survey by visiting our blog at <http://madisonvalleyarts.blogspot.com>.

For nearly 100 years, Martin Luther King, Jr. Elementary School has been a focal point of the Madison Valley neighborhood—opening first as Harrison School in 1913. In 2007, the Seattle School District closed the school; and this year the School Board declared the property surplus. The CCC@MLK believes that the former school property should remain a true public space that serves the immediate neighborhood and the larger community. We envision a community anchor for lifelong learning and creativity that could include:

- Community meeting rooms
- Children and teen spaces
- Theater-performance space
- Offices for nonprofit and community groups
- Creative facilities (recording studio, dance studio, kiln)

The school district and city officials will meet and hold public meetings over the next few months to determine what the neighborhood would like to see in the former school so our grassroots effort is building! To become involved, contact me at aengelson@speakeasy.net or 568-2676, or read about our progress and get on our email list at <http://madisonvalleyarts.blogspot.com>.

2008 Madrona Neighborhood Events

It's so nice to have the flower baskets back up in our business district. As of now, the summer BBQ has been canceled unless someone steps up and rescues it!

- Jan** Ecumenical Martin Luther King Celebration *Jan 20*
Mount Baker Presbyterian
- Feb/** Neighbor Appreciation Day —March 8
- Mar** Jon Hughes
- May** Community Garage Sale—May 3
Kim Herber
- Neighborhood Cleanup—May 10
Tema Neshoff
- Mayfair Parade & Carnival—May 17
Paige Smith
- Madrona Blossoms Flower Baskets
Marie Doyle
- July** Madrona BBQ Festival  **Cancelled**
- Sept/** Madrona Community Council Elections—Sept 2
Oct Cynthia Stross 860-7640
- Kids' Halloween Party ***Seeking Coordinator***
- Nov** Winter Greens & Holiday Lights
Marie Doyle 323-6128
- Dec** Christmas Ships at Madrona **Seeking Coordinator*

To get involved, contact these event coordinators or Madrona Community Council VP of Events Paige Smith at 225-5821 or paigeinmadrona@hotmail.com

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*Vida Verde
paste-Up*

Neighborhood School News

Epiphany School: Celebrating 50 Years!

By Bethany Fubiashi, Director of Development

May 16 through 18 marked a weekend of celebrations at Epiphany School in honor of its 50th anniversary. Past and present families, Trustees, alumni, faculty and staff gathered to rejoice in the community that they helped shape and remember the milestones of growth and success.

- 1958 Founded by Dr. Elmer B. Christie, Rector of Epiphany Parish, Epiphany School opens its doors to students with Lt. Col. Meredith H. Jelsma as the first Principal.
- 1961 Enrollment expands to 61 students.
- 1964 Rev. Raymond Gayle, Associate Rector of Epiphany Parish, inamed Headmaster.
- 1967 The Language Skills Program is introduced to assist students with dyslexia.
The Parish decides it can no longer bear the financial burden of running the School, allowing the School to become its own entity.
- 1969 Robert H. Spock, brother of pediatrician Dr. Benjamin Spock, named Headmaster. He strengthens the Language Skills program, institutes annual giving, and is a champion for racial and ethnic diversity.
- 1975 Mark Kimball becomes the School's fourth Headmaster.
- 1978 Carnival, a celebration for the Epiphany school community and neighborhood, features a dunk tank, cake walk, and traditional carnival games.
- 1979 Two adjacent residential properties are purchased and combined into a single building, aptly named Spock Hall



In 1982, teacher Candi Coe instructs Kindergartners.

- 1981 Jean Augustine becomes Headmistress. During her 12-year tenure, Jean builds a cohesive faculty and staff, strong curriculum, and active parent community.

Madrona K-8 Year Ends in a Frenzy

By Madrona K-8 PTSA

What a great year! Our students made the largest gains on test scores in the entire district. Our principal, Kaaren Andrews, was selected Principal of the Year! 100 percent of our 4th Graders passed the reading benchmark tests! The school also had fun in sports and packed the last two weeks of school with lots of great events:

- Arts Show & Talent Night
- Poetry Slam K-8
- Field Day
- 5th Grade Rights of Passage Dinner & Celebration
- 8th Grade Graduation Dinner & Celebration
- K-2 Soccer clinic
- Middle School Sports Banquet (great year for Panther Pride)
- New Family tours
- Spirit Week (pajamas day, 70/80's day, twin day, Super Hero/ Cartoon day, school colors day)
- Teacher/Staff Appreciation Party

Thank you to everyone in the Madrona community who has supported Madrona K-8. It is community at Madrona K-8 that makes our school so special for the students, teachers, and families. We look forward to seeing everyone August 27 for our back to school barbeque. Have a great summer!

Valley Wraps Up Another Good One

By Cindy Monte, Valley School Enrichment Specialist

The Valley School ended another wonderful school year with a week of performances and celebration. The focus on preserving our Earth and a recent study of the Middle Ages, led the 3rd Graders to create a play entitled, "Middle Age Mess-Up." It follows a group of children and grandmas as they travel back through time to teach the people of the Middle Ages (and a two-headed dragon) how to reduce, reuse and recycle. After a quest for the "holy pail" (a recycling can) they return to the present to find a more beautiful, cared for Earth.

The 5th Grade class also held two performances of their production of "The Not Quite, But Almost Story of Platform 13" (based on Eva Ibbotson's book *The Secret of Platform 13*). It is a story of magical islanders on a quest to restore their missing prince to the king and queen. The crazy cast of characters included thespians as ogre, wizard, fey, ghost, hag, salesman, pioneer, nannies and harpies. In a canine guest appearance, the school dog played a crucial role as a magical "mismaker."

The traditional all school family picnic rounded out the last week of school. Each class sang favorite songs, with a special showcasing of the 16 graduating 5th Graders. The graduates also sang, read poetry and entertained families with their newly created band (known as Duct Tape and/or Motorcade). Graduation ceremony followed with each student receiving a dictionary signed by the Valley School staff. The afternoon and school year ended with a potluck feast, hugs and fond farewells. Congrats to the Class of 2008!

Summer Community Bulletin Board

Keep Me!

WEEKLY RECURRING EVENTS:

- WEDNESDAYS** 5:45pm **Weight Watchers Meeting**—Central Area Senior Center in Leschi, 500 30th Ave S. Scott Linford / 26 49263.
- THURSDAYS** 7:30pm **AA/ALANON Meeting**—Epiphany Great Hall.
- FRIDAYS** 7:30am **Madrona/Leschi Citizens Against the War**—Quiet protest, 23rd & Union, Kathy Baker kbarker715@comcast.net.
- FRIDAYS** 3:00pm-7:00Ppm **Madrona Farmers Market**—Fresh produce and goodies, Grocery Outlet parking lot, MLK & Union. www.SeattleMarkets.org.

- June 26** 6:30-8:30pm **East Precinct Crime Prevention Committee**—Dialog between the community and the Seattle Police Department. Seattle Vocational Institute, 2121 S. Jackson. Sita DeGiulio Das 322-9330 www.sngi.org/epcpc/
- June 27** 4:00pm-5:00pm **Chef's Cooking Demonstration**—Chef Trevor Hudgens of Cactus shares tips for cooking seasonal veggies. Madrona Farmers Market, Grocery Outlet parking lot, MLK & Union. www.SeattleMarkets.org.
- June 28** 9:00am-1:00pm **Madrona Woods Work Party**— Meet at the 38th Street entrance. Deirdre McCrary deirdre_jaymccrary@msn.com.
- June 29** 4:00pm-7:00pm **3rd Annual Madison Valley BBQ**—Free entertainment, good food and a great chance to meet your neighbors. Valley School 309 31st Ave E. Andy Engelson, 484-9823 aeengelson@speaksy.ne.t
- June 30** **Ending CCC@MLK Survey**—Log on and give your opinions on what kind of community center should replace Madison Valley's MLK Elementary School. <http://madisonvalleyarts.blogspot.com>. Andy Engelson 484-9823
- July 3** 5:00pm **Family Game Night**—Bring the whole family for games, snacks, prizes, and fun. Precocious Toys, 34th & Union, 322-9396.
- July 5** 1:00pm **Twinkle, Twinkle Little Star: The ABCs of Jazz & Blues**—Featuring local musician Michael Powers. Madrona Library.
- July 5** 1:00-5:00pm **Neighborhood Cooking for the Homeless** —Madrona Presbyterian Church, Darren Pritt darren@neighborhoodcooking.org.
- July 6** 9:30am **Independence Day Eucharist for the Nation**—Use the *American Book of Common Prayer* of 1789 to celebrate the Holy Communion as it was celebrated in colonial times. Epiphany Parish 38th & Denny, 324-2573 www.epiphanyseattle.org
- July 7** **Closing Pratt Staff Show**— Featuring a variety of work from Pratt's own creative staff. Pratt studio 1902 South Main St. www.pratt.org.
- July 9** 6:00-8:00pm **Foster Care Information Meetings**—Learn what it takes and if being a Foster Parent is right for you. Amara Parenting & Adoption Services 3300 E. Union, Julia Dunham 260-1734.
- July 9** 9:15am **Performance by the Bubble Man**—Presented by *Les Enfants de Seattle* summer camp at MLK & Union. \$5 for non-campers. Antoinette www.lesenfantsofseattle.com, 321-2107.
- July 10** 6:00pm **Central Area Neighborhood District Council**—Promote the Central Area. Garfield Comm Center, Adrienne Bailey
- July 10** 6:30pm **Madrona Dining & Sipping Society**—Enjoy a 3-course Ethiopian meal on the patio! Meskels, 26th & Cherry. Thom Ditty tditty9@aol.com or 325-9923. Everyone welcome!
- July 11** 4:00pm-5:00pm **Chef's Cooking Demonstration**—With Chef Joseba Jimenez de Jimenez of The Harvest Vine . Madrona Farmers Market, Grocery Outlet parking lot, MLK & Union. www.SeattleMarkets.org.
- July 12** 10:00am-2:00pm **Neighborhood Cooking for the Homeless**—Bring a cutting board and fresh ingredients. Madrona Presbyterian Church, Darren Pritt darren@neighborhoodcooking.org.
- July 12** 11:00am-2:00pm **FREE Skin Care Clinic**—Enter to win a 60-minute organic facial. Seattle Art of Wellness Organic Day Spa 1125 34th Avenue, Suite A, 324-3552 www.seattleartofwellness.com
- July 17** 4:00-6:00pm **Dunny's & Yummy Donuts Collectors Trading Party**—Bring your duplicates and make some sweet trades. Refreshments provided. Precocious Toys, 34th & Cherry, 322-9396.
- July 18** 4:00pm-5:00pm **Chef's Cooking Demonstration**—With Chef Jason Wilson of Crush. Madrona Farmers Market, Grocery Outlet parking lot, MLK & Union. www.SeattleMarkets.org.
- July 18** 2:00 to 5:00pm **Book-Making Workshops for Teens**—Led by instructors from Seattle Center for Book Arts. Madrona-Sally Goldmark Library, 33rd & Union, 689-4705.
- July 19** 9:00am-1:00pm **Madrona Woods Work Party**— Meet at the Spring Street kiosk.
- July 19** 1:00-3:00pm **Creative Hair Braiding Workshop**—Learn creative and designer braiding techniques. Reservations required. Xazz Salon 29th & Cherry, 322-9299 www.xazzsalon.com.
- July 19** 2:00-5:00pm **Leschi Neighborhood Music in the Park**—Enjoy local musicians. Flo Ware Park, 28th & Jackson. Randy at Seattle Parks at 684-0775 or CommunityParks.Program@seattle.gov.
- July 19** 9:30am **Powell Barnett Park Cleanup**—Lend a hand! 352 Martin Luther King Jr Way.
- July 19** 10:00am **2-hour Walking Tour of Madrona**—With the Seattle Architecture Foundation. Reservations required. 667-9184 or register on line at www.seattlearchitecture.org/index.cfm.
- July 21** 6:30pm **CANP Stewardship Land Use, Open Space and Housing Committee**—Madrona Playfield shelterhouse, Adrienne Bailey kismit_2000@yahoo.com.
- July 21** **Library Summer Reading Breakfast of Champions Drawing**—One lucky Summer Reading Program participant will win! Madrona Library, 33rd & Union, 684-4705.
- July 24** 6:30-8:30pm **East Precinct Crime Prevention Committee**—Dialog between the community and the Seattle Police Department. Seattle Vocational Institute 2121 S. Jackson. Sita DeGiulio Das 322-9330 www.sngi.org/epcpc/
- July 25** 4:00pm-5:00pm **Chef's Cooking Demonstration**—With Chef George DePasquale of The Essential Baking Company. Madrona Farmers Market, Grocery Outlet parking lot, MLK & Union. www.SeattleMarkets.org
- July 26** Noon-8:00pm **Powell Barnett Park JazzFest**—Lend an ear! 352 Martin Luther King Jr Way.

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- July 30** 10:15am **Performance by Kate the Clown**—Presented by *Les Enfants de Seattle* summer camp at MLK & Union. \$5 for non-campers. Antoinette www.lesenfantsdesseattle.com, 321-2107.
- Aug 1-3** **Seafair Weekend Toy Sale**—It's our first sale ever, with tons of items marked 20%-70% off. Precocious Toys, 34th & Cherry, 322-9396.
- Aug 2** 1:00-5:00pm **Neighborhood Cooking for the Homeless** —Madrona Presbyterian Church, Darren Pritt darren@neighborhoodcooking.org.
- Aug 5** Anytime! **National Night Out**—Leave your porch light on, and organize your block and have a party! Registration deadline is August 2. East Precinct Crime Coordinator Michael Yasutake 684-7717 or michael.yasutake@seattle.gov.
- Aug 6** 10:30am **Bringin' Da Noise**—Featuring sound impressionist and comedian Charlie Williams. Madrona Library, 33rd & Union, 684-4705.
- Aug 7** 5:00pm **Family Game Night**—Bring the whole family for games, snacks, prizes, and fun. Precocious Toys, 34th & Union, 322-9396.
- Aug 9** 1:00-3:00pm **Bi-Racial/Multi-Heritage Hair Seminar**—Learn to care for your child's hair. Reservations required. Xazz Salon 29th & Cherry, 322-9299 www.xazzsalon.com.
- Aug 9** 10:00am-2:00pm **Neighborhood Cooking for the Homeless**—Madrona Presbyterian Church, Darren Pritt darren@neighborhoodcooking.org.
- Aug 9** 9:00am to 6:00pm **Bicycle Saturday** —Bike on a car-free Lake Washington Blvd from Mt. Baker Beach to Seward Park.
- Aug 10** 9:30am **Celebrate Feast of the Transfiguration**— Fr. Samid Esaid from our sister parish in Jordan joins us for worship and baptisms. Register for a baptism on on this day. Epiphany Parish 38th Avenue & Denny, 324-2573 www.epiphanyseattle.org
- Aug 10** 11:00am **Annual Parish Picnic**—Join us in the garden. Epiphany Parish, 324-2573 www.epiphanyseattle.org
- Aug 11** **YMCA Black Achievers Program Golf Tournament**—Foursome participation fee of \$800 supports youth programming. The Golf Club at Newcastle. For reservations contact Shomari Jones at sjones@seattlemca.org or 322-6969
- Aug 13** 6:00-8:00pm **Foster Care Information Meetings**—Learn what it takes and if being a Foster Parent is right for you. Amara Parenting & Adoption Services 3300 E. Union, Julia Dunham 260-1734.
- Aug 13** 10:15am **Performance by the Reptile Man**—Presented by *Les Enfants de Seattle* summer camp at MLK & Union. \$5 for non-campers. Antoinette www.lesenfantsdesseattle.com, 321-2107.
- Aug 14** 6:00pm **Central Area Neighborhood District Council**—Help promote the well being of every neighborhood in the Central Area. Garfield Community Center, 23rd & Cherry. Adrienne Bailey kismit_2000@Yahoo.com.
- Aug 15** 4:00pm-5:00pm **Chef's Cooking Demonstration**—Chef Joseba Jimenez de Jimenez of The Harvest Vine shares tips for cooking seasonal veggies. Madrona Farmers Market, Grocery Outlet parking lot, MLK & Union. www.SeattleMarkets.org.
- Aug 16** 9:00am-1:00pm **Madrona Woods Work Party**— Meet at the Spring Street kiosk. Deirdre McCrary deirdre_jaymccrary@msn.com
- Aug 17** 9:00am to 6:00pm **Bicycle Sunday**—Bike on a car-free Lake Wash Blvd from Mt. Baker Beach to Seward Park. Seattle Parks and Rec.
- Aug 17** 10:15am **Performance by Musician Nancy Stewart**—Presented by *Les Enfants de Seattle* summer camp at MLK & Union. \$5 for non-campers. Antoinette www.lesenfantsdesseattle.com, 321-2107.
- Aug 18** 6:30pm **CANP Stewardship Land Use, Open Space and Housing Committee**—Help guide development in the Central Area. Madrona Playfield shelterhouse, Adrienne Bailey kismit_2000@Yahoo.com.
- Aug 23** 12:00 to 2:00pm **Summer Reading Finale/Book Arts Showcase**— Madrona Library, 33rd & Union, 684-4705.
- Aug 23** 2:00-5:00pm **Leschi Neighborhood Music in the Park**—Enjoy a variety of local musicians playing all kinds of great music. Flo Ware Park, 28th & Jackson. www.CommunityParks.Program@seattle.gov.
- Aug 27** TBD **Madrona k-8 Back to School BBQ**—For new and returning families, Madrona Playfield. Jon Hughes 325-2489.
- Aug 28** 6:30-8:30pm **East Precinct Crime Prevention Committee**— 2121 S. Jackson. Sita DeGiulio Das 322.9330 www.sngi.org/epcpc/
- Aug 31** **Ending Seattle Public Library Summer Reading Programs**— Children read 10 books is rewarded with a book of their choice. Madrona-Sally Goldmark Library, 33rd & Union, telephone 684-4705.
- Sept 2** 7:15pm **Madrona Community Council** —Madrona Playfield shelterhouse, Cynthia Stross 860-7640.
- Sept 3** **First Day of School**—All Seattle public schools.
- Sept 4** 6:00pm **Central Area Neighborhood Plan (CANP) Stewardship**—First meeting back after our summer hiatus. Garfield Community Center Adrienne Bailey kismit_2000@Yahoo.com.
- Sept 4** 5:00pm **Family Game Night**—Bring the whole family for games, snacks, prizes, and fun. Precocious Toys, 34th & Cherry, 322-9396.
- Sept 6** 1:00-5:00pm **Neighborhood Cooking for the Homeless**—Madrona Presbyterian, darren@neighborhoodcooking.org.
- Sept 10** 6:00-8:00pm **Foster Care Information Meetings**—Learn what it takes and if being a Foster Parent is right for you. Amara Parenting & Adoption Services, 3300 E. Union, Julia Dunham 260-1734.
- Sept 11** 6:30pm **Madrona Dining & Sipping Society BBQ**—Featuring Armadillo Barbeque from Woodinville. Meals \$15 for adults and \$5 for kids. St. Therese Church Playground. For tickets, contact Audrey Seale, audreyseale@qwest.net or 329-8775. Bring the family!
- Sept 11** 6:00pm **Central Area Neighborhood District Council**—Promote the well being of every neighborhood in the Central Area. Garfield Community Center, 23rd & Cherry. Adrienne Bailey kismit_2000@Yahoo.com.
- Sept 13** 10:00am-2:00pm **Neighborhood Cooking for the Homeless**—Bring a cutting board and fresh ingredients. Madrona Presbyterian Church, Darren Pritt darren@neighborhoodcooking.org.
- Sept 13** 1:00-3:00pm **Flex Your Style Hair Braiding Workshop**—Learn basic to designer braiding hairstyles and techniques using live models. Reservations required. Xazz Salon 29th & Cherry, 322-9299 www.xazzsalon.com.
- Sept 15** 6:30pm **CANP Stewardship Land Use, Open Space and Housing Committee**—Help guide development in the Central Area. Madrona Playfield shelterhouse, Adrienne Bailey kismit_2000@Yahoo.com.

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Investing in a Happy Graduation Day

By Barbara Banon, Edward Jones Investments

It's that time of year when students at the UW, WSU, and other colleges and universities are graduating. It took a lot of effort for those students to earn those degrees, but it also took something else—money. And over the past several years, college costs have risen faster than the general inflation rate. As a parent, the financial aspect of college can be a great concern but there are ways you can reduce the stress of paying for higher education.

First, be informed about what college actually does cost. According to the College Board's Trends in College Pricing, in 2007-2008 the average total yearly expense for in-state students at a four-year public college/university, including tuition, fees, room and board, was \$13,589. For those at a private college/university, the average total was \$32,307. Interestingly, according to the Project on Student Debt., the average student loan debt is \$21,000.

How can you cope with these costs? Should you tap into your Roth IRA or take a loan from your 401(k), potentially lowering your retirement resources? Should you allow your children to start their working lives saddled with heavy student loans? The best way to avoid either scenario is to start saving for your children's college education when they are young—and to use a savings vehicle specifically designed for college funding.

One such vehicle is a Section 529 savings plan, which invests your money in a specific pool of investments. Contribution limits are high—more than \$300,000 per beneficiary in many state plans. These plans provide a degree of flexibility, in that you can change your beneficiary to another family member if your children's higher education plans change. Withdrawals are free from federal income taxes, as long as the money is used for a qualified college or graduate school expenses. However, distributions appear as income on the child's tax return, which could affect financial aid calculations, and withdrawals for non-qualified expenses may be subject to federal, state and penalty taxes.

Be aware that not all Section 529 plans are alike; some have high fees and limited investment options. So before committing to one, it's best to get some help from your financial advisor.

Barbara Banon can be reached at her Madrona office at 3304 E. Spring St, 323-0440.

Edward Jones
paste-up

Epiphany School: Celebrating 50 Years!

(Continued from page 8)

- 1987 Thanks to the philanthropic Epiphany community, the Sander-Alvord Gymnasium is built.
- 1994 David Selby accepts the position of Head of School, introducing Latin to the curriculum.
- 1997 Epiphany acquires and renovates another residential property, now known as Augustine Hall, to house a new art room and Pre-Kindergarten space.
- 2001 George O. Edwards is named Head of School and, with the Board, initiates a Strategic Plan that reconfigures and revitalizes Epiphany School.
- 2002 Seeking to double enrollment, Epiphany begins adding one class to each grade per year and discontinuing 6th Grade.
- 2004 Enrollment growth is accommodated by renovating a donated, residential property across Howell Street to house 4th and 5th Grades, now named Reed Hall. Additional gifts from secure the real estate necessary for future campus expansion.
- 2006 The Fit for Life program is introduced to help students develop, maintain, and self-assess their fitness throughout their lives.
- 2008 Matt Neely will become Epiphany's 11th Head of School and serves as a careful steward of the School's mission and vision of an expanded campus.



In 2008, Candi Coe reminisces with former Trustees at the 50th Anniversary Trustee Dinner.

Bush School
Paste-Up

Look East for Health: Is Your Life a Pain?

By Haydn Engelke, www.Eastern-Elements.com

Is work a pain in your neck? Is gardening a pain in your back? Back pain is one of the most prevalent reasons people seek health care. Millions of working days and countless hours of activity and fun are lost each year due to back pain.

The top causes of back pain are sprains—overstretching one or more ligaments of the back—and strains—a rip or tear in the muscle caused by sudden force. This can happen from an injury, poor posture, or improper lifting. Other sources of back pain may come from a herniated disc or Sciatica, a pain that extends down into the buttocks and leg that comes from an irritation of a large sciatic nerve in the lumbar spine.

Traditional Chinese Medicine differentiates back pain according to three different patterns:

Deficiency Pain: This pain, common for middle aged and elderly patients, is dull and chronic, and improves with rest.

Qi and Blood Stagnation Pain: This stabbing pain is more severe, and the accompanying stiffness and tightness in the muscles only worsens with rest. Often this type of pattern comes with acute strains and sprains, and if it is chronic that usually indicates an underlying deficiency.

Cold Damp Obstruction Pain: This pain is worse in the morning, or in cold, damp weather. It may be accompanied with numbness, swelling, and a sense of heaviness, and it improves with heat.

Acupuncture is becoming increasingly well known for its rapid and effective treatment of pain. There are several ways that Acupuncture is able to relieve pain and promote healing. First, it speeds the healing process by increasing collateral blood circulation. Second, Acupuncture and Chinese Herbal medicine relieve pain and promote healing by reducing inflammation and edema while relaxing skeletal muscles. Finally, biomedical studies have shown that Acupuncture reduces pain by stimulating the secretion of endorphins (the body's own pain killers) and neurotransmitters such as Serotonin and Norepinephrine. Acupuncture can play an important role in the reduction or elimination of back pain by reducing recovery time and preventing a chronic condition from developing.

If you have questions about Acupuncture or other Chinese Medicine, come visit me at my new location in Madrona! 1423 34th Ave. Unit F, next-door to Cremant.

*Rath Law
paste-up*

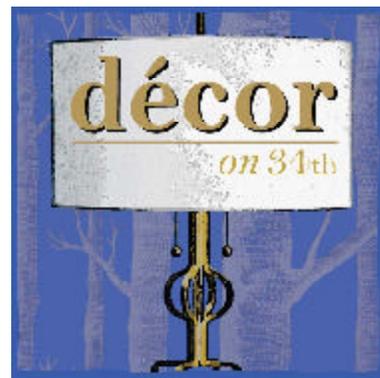
Law for All: Home Funerals

By Lori Rath, Estate Planning & Probate Attorney

An increasing number of terminally-ill and elderly folks are choosing to die at home. Dying at home was the norm in this country before the Civil War, when we started preserving bodies of dead soldiers so they could be transported home via train. Until then, most people died at home, and their bodies were cleaned and dressed by family members. The deceased were often made available for visitors in the home's front "parlor," hence the term "funeral parlor."

I recently went to a presentation about "home funerals" and was struck by what I learned. The speaker was Char Barrett, a licensed funeral home director and "death midwife," whose Seattle-based business is called A Sacred Moment. Char specializes in assisting families with directing funerals and other post-death services in their own homes. She also helps the family care for the body after death, and plan for the eventual transport of the body to a crematorium, cemetery, or other destination. I was touched by Char's stories of helping the dying and their families make meaningful and highly personalized decisions about the dying process and the service that would follow.

Last September MSNBC (www.msnbc.msn.com/id/20845739/) aired a story about Char and her work with a Bellevue mom whose 17-year-old daughter died at home of a brain tumor. To learn more about Char's work, visit her website www.asacredmoment.com. If you have any questions about planning for death or disability in general, or about what to do after a loved one passes away, contact me at Rath Law and Mediation, 382-2573 or lori@rathlawmediation.com.



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Vacant Lot Becomes Local P-Patch

By Rachel Rubinstein, 24th Avenue

Neighbors in the Central District are transforming a vacant property on the northwest corner of Spring St. and 25th Ave. into a new community garden, or P-Patch. The project is led by a steering committee of committed residents and we are focused on drawing up a design for the garden space and increasing involvement among community members and local businesses.

Once the P-Patch is finished, there will be room for about 16 garden plots but we hope it will be a public space for the entire community to enjoy; whether through vegetable gardening, as a place to bring children, or simply a quiet stop on a neighborhood walk.

The process of establishing the P-Patch began with the efforts of Scott McGowan who lives near the vacant property. In 2007 he contacted the City to learn how he could turn the corner lot, which had been empty for years, into a community space. The City negotiated with the owner of the land and, after some last minute fundraising events run by Scott, purchased it in early 2008.

A few months ago we received a Matching Grant through the Department of Neighborhoods that will provide most of the funds to plan and renovate the site. On May 30 we held a well-attended public meeting to get input and ideas from the larger community. We are currently working with several city agencies to obtain permits and to comply with the mandates of our Matching Grant, and with two volunteer architects on a design.

We hope to begin holding work parties this summer and volunteer community involvement will be key. Through our Matching Grant, every hour "donated" by a community member will earn us \$15 from the City to use for the P-Patch. So we'd love to have you come on down and help us till the soil for positive change! For questions, or to get involved, contact Rich Macdonald at Rich.Macdonald@seattle.gov or 684-0264.

What's Fresh at the Friday Madrona Market

It's so great to have the Madison/Madrona neighborhood's Mad Cap Friday Farmers Market back in action in the parking lot of Grocery Outlet. While summer may be slow in coming this season, every week brings a new crop of fresh produce to the market.

This week:

- **New potatoes** from Oxbow Farms.
- **Strawberries** from Hayton Organic Berry Farm, of Mt. Vernon and Sidhu Farm of Puyallup.
- **Collard greens, kale, and chard** from Local Roots.
- **Peas** from Alm Hill, Alvarez, Oxbow and Stoney Plains farms.

And since man does not live on veggies alone, try some Wilson Fish's smoked salmon, Pasteria Lucchese's fresh pappardelle, a little olive oil, and maybe a nice grating cheese from one of many local cheese makers. For tips on how to create delicious and creative meals for your family using fruits of the season, the market hosts a Chef Demonstration every week from 4:00pm to 5:00pm throughout the summer.

The Mad/Cap Market is every Friday from 3:00 to 7:00pm. To preview the produce and other products that will be available each week, read the comprehensive Market Fresh Sheet online at www.SeattleMarkets.org.

Summer Reading Programs for All Ages

By Lynn Lorenz, Children's Librarian

All of us at the Madrona-Sally Goldmark Library are so happy to be back in the community in our newly-renovated library. If you haven't come by to check out the new branch, summer is a wonderful time to do so.

Our Summer Reading Programs for all ages began June 15 and run through August 31. The 2008 **Children's Summer Reading Program** features the theme "Shake, Rattle & Read." The annual program encourages children to read while school is out, and children can sign up at any library. Participants receive colorful reading logs to track of the books they read over the summer and stickers to place on their reading logs every time they finish a book. Every child who reads 10 books is rewarded with a book of his or her choice. One young reader from each library will participate in the Library's annual "Breakfast of Champions" at the end of summer at the Sheraton Seattle Hotel. Drawings to participate in the event will be held on July 21.

The 2008 Summer Reading Program includes more than 100 free programs for children and families throughout the Seattle library system. Programs at the Madrona-Sally Goldmark Branch are:

- **Twinkle, Twinkle Little Star - the ABCs of Jazz and Blues** with local musician Michael Powers, July 5 1:00pm.
- **Bringin' Da Noise** with sound impressionist and comedian Charlie Williams, August 6 10:30am.

The Seattle Public Library also has a variety of events just for teens in its 2008 **Teen Summer Reading Program**. Events include "Duct Tape Mania," "Hands-On Henna," gaming activities, "Reading Aerobics" and music with local musician Michael Powers. Teens can submit book reviews for an opportunity to win great prizes. All teens who write reviews will get one free book and the best reviews will be showcased on the Library's Web site, in library branches, and on the library's teen blog and MySpace page. The Madrona-Sally Goldmark branch will host two sessions of a fun, hands-on workshop for teens:

- **Book-Making Workshops** led by instructors from Seattle Center for Book Arts, June 20 and July 18 from 2:00pm to 5:00pm.

The Summer Reading Program isn't just for kids - adults can join the fun too! Throughout the summer adults can participate in DDR and Wii gaming activities at neighboring branches and win a chance at a "Booklover's Bag" by submitting three book reviews. Multiple submissions are welcome. The "Booklover's Bag" contains poetry bookmarks and coupons for Dick's Drive-In and the Friends of The Seattle Public Library Fall Book Sale. One bag will be awarded every week at each library location.

As summer wraps up, the Madrona-Sally Goldmark will hold one final Summer Reading Program event:

- **Summer Reading Finale/Book Arts Showcase**, August 23 Noon to 2:00pm.

For more information on any of the summer programs and to get started on your summer reading list, stop into your local library. Hours are Mondays and Tuesdays 1:00pm to 8:00pm, Wednesdays and Thursdays 10:00am to 8:00pm, Fridays and Saturdays 10:00am to 6:00pm.

Too Much Light, Part Two

By Marilee Eaves, 37th Avenue

What follows is the second of a two-part personal narrative of my experience watching Hurricane Katrina destroy my native

city, New Orleans, from the comfort of my new home in Madrona. It was very difficult to be so far away and so helpless, a sensation that continued even when I returned to my old neighborhood after the storm. The first part of this story appeared in the May Madrona News.



We decide that I should stay at the car and my husband Ed would walk two miles to the Shell station at St. Charles and Carrollton. I sit on the curb..... An hour passes..... Then, to my amazement, I spot an old friend running down the back steps of her red brick mansion right across the street from where I'm sitting. A human being! One I know! I call to her and run over. We hug, exclaim over each other. I tell her my situation and she invites me in for a Coke. Everyone in New Orleans drinks Coke or Barq's Root Beer.

"Bill and I stayed here in the house for the Storm," she's saying. "The best thing about it was that the city had no electric lights. We went up on our roof and spread out blankets and reveled under the most stars I have ever seen here."

"Was it scary to be here alone?"

"We wouldn't have done it any other way," she says.

As I return to my place back on the curb, an older white four-door sedan slows down near me. The driver parks behind my car and steps out. He is a freckled, lanky, light-skinned African-American maybe 30 years old and about six feet tall. "I see you have a problem," he says. "Can I help?" He shifts from one foot to another comfortably.

Thoughts fly through my white southern mind: Should I talk to the guy? Is he safe? I look at him, and think what the heck? My heart says he's okay. "Yes, I could use some help," I say. "My husband's walking to a filling station right now to see about getting the tire fixed.

"Let me look." He lifts the trunk of our car, starts digging around, emerges, and says, "We'll have to drive the tire in my car to Spahr's filling station on Magazine Street."

"I used to go there when I lived Uptown." I make the decision to go with this man. I climb into this stranger's front seat and introduce myself.

He introduces himself. "My name is Byron Breaux. I live with my mother at 4818 Perrier Street. We've lived there for years."

I say, "4818 Perrier? That's a half block from the Wild Lotus Yoga Center, my old yoga place."

"Oh yeah, the yoga people," he smiles. "People park on our block a lot. They all seem like nice folks." I flash on my current yoga class, 8 Limbs Yoga Center in Seattle, 2500 miles away.

At the filling station, I stand by while Byron talks with the mechanic. I am amazed at how strange this day is as the mechanic shows us the nail he extracted from the tire. He gives me a couple of repair kits in case it happens again—which is likely since the streets of New Orleans are strewn with debris and dotted with new potholes. I thank the mechanic and pay for the work with cash. Byron loads the repaired tire in the trunk and we

bounce along Magazine Street, past boarded up shops and boutiques. I wistfully notice two closed coffee shops and fantasize about the latte at Verite home in Madrona.

I say a prayer for the right words, and turn to my unlikely companion. "Byron, there's no question in my mind; you are an angel and an answer to my prayers for help. Please tell your mother that there are two people out here who are very grateful for your kindness today. I will be looking for a way to pass this forward to someone else."

"Well, yeah, ever since the Storm, it's been kinda like being in a special zone." His left hand holds the wheel, as his right hand works in rhythm with his speech. "I would want someone to do it for me. And you know," he chuckles softly, "there have been plenty of good chances for me and everyone else to help others. I think we'll need that here for a long time to come."

We approach St Charles Avenue and I see Ed standing next to the car.

We watch Byron change the tire and make sure the rejuvenated one is firmly in place. He arranges the tools in the trunk and advises, "Don't forget about the two tire repair kits."

I am tearful as he drives off—this kind man, who I would have avoided not too long ago. I know I will never forget him saying that there would be many more opportunities for the human spirit to shine in New Orleans.

Hurricane Katrina changed the city. It cleared the air. At great cost and sacrifice, it wiped away the illusion that everything would be all right without paying attention to each other, without realizing that we are all related to each other. I begin to believe that the Storm's ferocious swipe has cleared the decks for New Orleans to move into the 21st century.

Ed and I pack up the house at the Lakefront during our week in the city. We stand, drained, watching as a semi pulls away from the house, and our belongings head off for their new life in Seattle. We lock the door, get in the car and follow them.

*James Winder
Paste-Up*

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Debating Multifamily Housing Code Changes

By Kathryn Keller, CANP Stewardship Land Use, Open Spaces and Housing Committee

Development in Seattle is a hot topic as the city strives to achieve higher density in multifamily zones. The issue is especially urgent because Mayor Nichols is expected to submit his final Multifamily Code Update to City Council Committee by the end of June, and Chairperson Clark is currently seeking input from the community. The Central Area Neighborhood Plan (CANP) Stewardship Land Use, Open Space and Housing Committee had an intense and opinionated discussion of the Multifamily Code Update at its May 19 meeting. The meeting was attended by 11 people representing the Madison Valley, Madison Miller, Madrona, Squire Park, and Jackson Place neighborhoods.

The proposal calls for reducing private open space requirements, and increasing green landscaping requirements in developments. Other key points include:

For low-rise duplex/triplex (LDT zone), townhomes (LR1 zone), and townhomes/apartments (LR2 zone)

- Increasing building height from 25 to 30 feet.
- Reducing parking requirements from 1.3 to 1.0 space per unit.

For moderate size apartments (LR3 zone)

- Allowing those that provide affordable housing to have an extra floor for a height of 37 feet.
- Abandoning density limits and using Floor Area Ratios to calculate allowable lot coverage.

In the CANP meetings and the community at large, there continues to be a great deal of discussion about the need for affordable housing, and parking is always a contentious issue. Dissatisfaction with many current townhome designs, especially with regard to lack of open space and inaccessible garages, has made some members want mandatory neighborhood design reviews of all projects while others call for a moratorium on new townhouse construction. The current code seems to spread bad designs because when a design is approved once, it goes through the permitting process more easily for other locations.

While some think that the proposed revisions allow improved design, many CANP members favor a more dramatic set of changes that focus on livability and better neighborhoods. There is support for the idea that rather than simply rehashing current codes, Seattle needs to encourage well designed new housing types, such as bungalow courts or row houses that are more suited to the existing urban Central District environment. A program in Portland that included a competition to design certain housing types, establish the 'winners' as pre-approved plans, and modify codes to support those plans has proven quite successful.

Achieving well designed multifamily housing will be a major focus of community discussion and debate for the near future. The CANP Stewardship Land Use, Open Space and Housing Committee meets the third Monday of the month at 6:30 in the Madrona Playfield shelterhouse, near 34th and Spring. All are invited to bring pictures of both horrid and great multifamily developments in your neighborhood and continue the discussion. For more information, contact me at ktkeller@earthlink.net.

Summer Challenge: Living Locally

Adrienne Bailey, CANP Stewardship, Chair

In these challenging economic times, this summer is a great time to get to know and experience your community, ALL of the Central Area. Living Locally not only saves you money, time and GAS, it also boosts our neighborhood economy and helps us learn what other products and services we need in our neighborhood.

Central Area - Living Locally (CALL) challenges you to spend the summer shopping, eating and literally living locally, consciously choosing to look within the Central Area for all your needs and services. Explore your community; take a stroll down Madison St. for baked goods, pet supplies or even a hat for Sunday services. Enjoy a meal and/or shopping in the corridors of Madrona (34th Avenue), Madison Valley (Madison St from 23rd to Madison Park), Cherry Street (23rd to M.L. King Jr.). Get your fast food fix at 23rd and Jackson or experience finer dining along Lake Washington Blvd.

Why should I shop locally, you ask? Well because it takes less fuel and encourages economic growth. It is said that when you support local businesses, 73% more of your money stays—and re-circulates—in your community.

Think of the businesses closest to your home and then work out, block by block, to find local merchants, products and services. Try locally owned gourmet and/or specialty food specialty stores, pet supplies shops, home improvement, furnishings and accessories stores, lawn and garden suppliers, and other wonderful small shops filled with creations by local artisans. How about entertainment and/or activities for singles, children, families? Did you know the Central Area has a movie theater?

Seattle CALL is an opportunity to share and exchange the experiences of Living Locally in Seattle's Central Area. When you have to go outside the neighborhood for something, take note of what you need, the name and type of store you patronized, and how far went to reach it. Then share your new discoveries, unexpected pleasures, and challenges by emailing your results and comments to Seattle_CALL@yahoogroups.com. This information will help us be more pro-active as we work with Central Area developers. Imagine the Central Area as a destination of choice for shopping/dining that attracts people from all over the city and even tourists!

So, heed the CALL and join in this summer's Living Locally in the Central Area challenge to get to know our community, our businesses, and our merchants. Then help shape the future of the Central Area by sending your comments to Seattle_CALL@yahoogroups.com.

Ben Chotzen
paste-up

Dulces: 13 Years and No Bad Luck

By Kim Herber, 35th Avenue



Although they can hardly believe it themselves, it's been 13 years since Carlos Kainz and Julie Guerrero opened Dulces Latin Bistro at 34th & Pike. Dulces began as a tiny West Seattle bakery and café in 1992, but it was the move to Madrona that allowed Carlos and Julie to evolve their humble breakfast spot into the three star restaurant it is today.

Even if you have never eaten at Dulces, you may have noticed the huge wall of wine through the window as you stroll by. Carlos has a way with wine and is always willing to help diners find just the right taste to compliment their dinners, especially on Wednesday when the entire list is discounted 25 percent! Dulces' wine selection is well known throughout the industry, and the restaurant recently add two more awards to its long list of accolades:

- **Best of Award of Excellence** from *The Wine Spectator* for having one of the best—and best priced—wine lists in the country.
- **Grand Award** from The Washington Wine Commission for having one of the top 15 lists of northwest wines in Washington state.

To keep the tastes fresh for Dulces' many loyal customers, Chef Julie changes the menu every three months. Her seasonal dishes

always have a Latin flare but are never too hot or spicy for the laid back Seattle palette. The summer 2008 menu debuted this month, with a delicious emphasis on seafood appetizers and hearty mixed meat entrees.

Highlights of the summer menu include smooth Dungeness Crab Custard, spicy Prawns a la Diabla, and sweet Roasted Red Bell Pepper Ravioli appetizers. Most entrees are served with fresh steamed vegetables and new for summer are the Green Chicken Enchiladas baked with tomatillo cream sauce; Paella Valenciana of chicken, fish, shrimp, Chorizo, clams and mussels with saffron rice; Carne Asada with corn quesadillas and black beans; Grilled New Zealand Lamb Brochettes with Argentinean chimichurri; Pork Tenderloin in a savory honey achiote glaze and Roasted Red Bell Peppers stuffed with a mixture of beef, veal and pork. Entrees are priced around \$28 dollars each, and you save 10 percent when you pay with cash!

And don't forget dessert! Even if you thought you were full, when this silver tray of crème brulle, German chocolate cake or lemon mousse cake is presented at your table, you'll loosen your belt and find room.

Dulces Latin Bistro features the relaxing soft jazz sounds of Eric Verlinde on the baby grand piano during dinner on Tuesday and Wednesday from 6:30pm to 9:00pm. Eric is a young, local, classically trained musician who has composed over 100 pieces in various genres.

Congratulations to Carlos and Julie and the staff of Dulces on their happy 13th anniversary. Madrona is lucky to have them.

NEW

Kim Thomas Ad

It's Your Money: Asset Allocation Decisions

By Matt Roper, 34th Avenue

If you're like most people, you've probably been reluctant to open your month end investment statements lately. The financial crisis, nationwide housing problems, and a slowing economy continue to wreak havoc on the stock and bond markets. However, there is something you can do that may help minimize losses in your portfolio—diversify.

Asset allocation is an investment portfolio technique that aims to balance risk and create diversification by dividing assets among major categories such as cash, bonds, stocks, and real estate. Each asset class has different levels of return and risk, so each will likely behave differently over time.

The benefits of diversification have been well documented. Numerous studies conclude over 90% of a portfolio's return is directly linked to asset allocation. This means returns depend on your investment mix between stocks, bonds, cash, real estate, etc., rather than market timing or actual selection of individual securities. This is where many investors typically go wrong.

Investors often believe they are fully diversified by spreading their money between 5 or 10 mutual funds. This would likely be the case if the funds were chosen across multiple uncorrelated asset classes, but this is rarely the case. More often than not, funds overlap one another, creating an over allocation of some asset classes and an under allocation of others. In addition, it is common for an investor's portfolio to be highly correlated to the US market and that means that as the US Market goes, so goes the investor's portfolio.

Another contributor to an unbalanced portfolio is the "perceived diversification" some assets provide. International markets have long been the staple for diversification; however, there has been a marked increase in correlation between domestic and global equity markets. In addition, emerging markets and even more troubling, fixed income, have also seen an increase in correlation with domestic equity markets. Investors need to be aware of this and realign their portfolio as market conditions and trends dictate.

So how do you go about adding greater diversification to your portfolio? You'll want to identify asset classes that will help lower the overall correlation of your portfolio, typically; commodities, currencies, emerging markets, international, REITs, etc. Next, do your own research or speak to your advisor about mutual funds and exchange traded funds that provide exposure to these asset classes. If you're a do-it-yourselfer, numerous investment websites can provide a wealth of information on these types of investments. By adding a few uncorrelated asset classes, you may reduce the overall volatility of your portfolio.

Mathew W. Roper is a Certified Financial Planner™ Practitioner, registered representative of Great American Advisors®, Inc. and investment advisor representative of Shelgren Financial Group, Inc. He can be reached at 713-1476 or (800) 367 4388, ext. 137.

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